

Coronavirus: COVID-19
Current Update – November 4, 2022

Public Health Ontario’s Weekly COVID-19 Summary

Public Health Ontario (PHO) warns us to interpret these trends with caution because they are not entirely accurate. COVID-19 cases, contacts, and outbreaks are only being managed in high-risk populations and settings. There is also a delay in reporting, especially with severe outcomes and deaths. Recently, experts have said reported case counts are a severe underestimate of the actual extent of COVID-19 infections in Ontario.

Over the past week, there were 473 hospitalizations and 77 COVID-19-related deaths, which are both lower than the week before.

This week, the number of reported cases in Ontario increased to 9,772 from 9,759 the week before. A gradual increase in cases and percent positivity has been happening since early September. The data suggests that the amount of COVID-19 will continue to increase in the province.

The total number of outbreaks in high-risk settings is down to 175 from 233 the week before. The number of outbreaks decreased in all settings.

Sources:

1. https://www.publichealthontario.ca/-/media/Documents/nCoV/epi/respiratory-virus-overview-ontario.pdf?rev=f599aa99a42e4010baf5ee499eb8bb9d&sc_lang=en

Toronto Public Health is hosting a COVID-19 vaccine clinic at the Royal Agricultural Winter Fair! Walk-ins welcome. Health card not needed.

Where: Exhibition Place, 100 Princes Blvd. (Enercare Centre, Hall C, Galleria Hallway)

When: Saturday, November 5 and Saturday, November 12 from 10:30 a.m. to 5:30 p.m., and Sunday, November 6 and Sunday, November 13 from 10 a.m. to 5 p.m.

- Pfizer and Moderna available. 1st, 2nd, and booster (including bivalent) COVID-19 doses are available to eligible residents age five and up
- Flu vaccines are available for eligible residents age five and up

Live Webinar: COVID Long Haul

Join Scarborough Centre for Healthy Communities’ live Zoom webinar with guest speaker Dr. Alexandra Rendely, a physical medicine and rehabilitation physician at the University

Health Network's Toronto Rehab and a clinician in quality and innovation at the University of Toronto. Bring your questions because there will be a live Q&A discussion period!

Long Haul COVID, sometimes called Long COVID or Post-COVID Conditions, refers to physical or psychological symptoms that persist more than 12 weeks after getting COVID-19.

This live webinar with Dr. Alexandra Rendely will explain and clarify what the research says on Long Haul COVID. This presentation will include: the difference between COVID and Long Haul COVID, how to reduce or prevent Long Haul COVID, and what support is out there for people impacted.

When: Tuesday November 8, 2022 from 6:00 p.m. to 7:00 p.m.

Participants who complete the session evaluation will be entered into a draw to win a 50\$ gift card! Click [here](#) to register on Eventbrite.

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Live Webinar for Community Agencies: Keeping Up-to-Date with Vaccinations

Staff and volunteers from Community Agencies are invited to attend a webinar that will strengthen their capacity to promote vaccines messages to keep Toronto safe.

This event is hosted by Toronto Public Health (TPH). It will be presented by Dr. Vinita Dubey, TPH's Associate Medical Officer of Health and moderated by Nicole Welch, TPH's Director & Chief Nursing Officer.

When: Thursday November 10, 2022 from 3:00 p.m. to 4:00 p.m.

Get the latest information about:

- COVID-19 fall boosters including bivalent vaccines
- School immunizations for students
- Flu prevention
- Preparing for an increase in respiratory viruses this fall/winter

Join via [WebEx](#) or by phone: 416-915-6530 Access code: 2463 785 4991 Password: Toronto.

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SickKids COVID-19 Vaccine Clinics

SickKids Hospital is hosting weekly COVID-19 vaccine clinics for any infant/child aged six months to under five years who requires accommodations due to medical complexity, developmental disorder, mobility challenges, communication, behavioural and other specialized needs (including significant needle phobia).

This clinic will happen each Wednesday from 10 a.m. to 3 p.m. More dates and times are expected to become available soon.

It's by appointment only. To make an appointment, you need to be referred through your doctor. For any questions regarding patient referrals, contact mobile.vaccination@sickkids.ca.

Do you have questions or concerns about the COVID-19 vaccine for children? Book an appointment with the SickKids COVID-19 Vaccine Consult Service. Visit sickkids.ca/vaccineconsult to book an appointment!

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Health Connect Ontario - 811

Connect with a Registered Nurse day or night for free, secure and confidential health advice.

Check your symptoms, get health advice with referrals to local & specialized services as needed and access to a medical library. Access safe, high-quality care and avoid unnecessary visits to the emergency room. This service is an easy way to get connected to care you or your loved ones need, but it does not replace your other touch point with your health care provider. In a medical emergency call 911 immediately.

OHIP not needed. Anonymous calls accepted.

Refugee Health Hotline calls are now redirected automatically to 811

Online (including live chat): [Ontario.ca/healthconnectontario](https://ontario.ca/healthconnectontario)

Call: 811 or toll free TTY line 1-866-797-0007

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Ontario's COVID-19 Vaccine booking portal:

Those eligible for a vaccine can book here: <https://covid-19.ontario.ca/book-vaccine/>.

Or by phone at: 1-833-943-3900.

For general information about vaccines, call: 1-888-999-6488.

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In Toronto? Here are two transportation options to go to your vaccine appointment:

1. The Ontario Community Support Association's Accessible Drive-to-Vaccines program provides door-to-door rides to vaccination sites for people with disabilities, including seniors with mobility issues. You must have a vaccination appointment booked. You need to request

a ride at least 48 hours before the appointment. To book, call 211 or click [here](#) to request an appointment online.

2. Wheel-Trans is committed to providing vaccine rides to the elderly and people with disabilities in Toronto. Wheel-Trans is offering individual rides to City-run mass vaccination sites, pharmacies, doctor's offices, and clinics that are giving out vaccines. Customers may be joined by one Support Person on their Wheel-Trans ride.

You may be eligible for Wheel-Trans service if your disability prevents you from using the TTC's conventional transit for all or part of your trip.

If you are not yet a Wheel-Trans customer, and you think you may qualify for Wheel-Trans service, you are invited to apply by calling Wheel-Trans Customer Service at 416-393-4111, Monday to Friday from 8 a.m. to 4 p.m.

Existing Wheel-Trans customers can book their rides to and from their vaccine appointments by calling Wheel-Trans Reservations at 416-393-4222, seven days a week from 7 a.m. to 11 p.m. or through the Wheel-Trans Self-Booking Website. Access the website by clicking here: <https://mywheel-trans.ttc.ca/SelfBooking2020/Login?ReturnUrl=%2fSelfBooking2020>.

Upcoming Events:

North Yorkers

The Communication Enrichment Class (ongoing)

The class is running virtually on Tuesdays and Thursdays at 1 p.m. You can find the online blog at <https://nydpcec.wordpress.com/> where class activities will be posted before each class. If you or someone you know has a communication disability and may be interested in participating in the class, please contact Jessica, our Manager of Client Services via email at jessica.nydp@gmail.com.

March of Dimes

One to One Peer Support Program

The One to One Peer Support program is still running. No one understands quite like somebody who has lived the same experience. Our Peer Support program pairs caregivers with peers who are also experienced in caregiving and can offer practical advice and support by phone or a video chat. Contact Angie Clark by email at aclark@marchofdimes.ca or call 1-905-301-8114 for more information or to get connected.

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If you or someone you know uses Augmentative and Alternative Communication (AAC), and requires resources related to COVID-19, please contact Jessica (jessica.nydp@gmail.com) and she can assist you in accessing and/or creating various communication tools.

If you think you may be experiencing symptoms of COVID-19, take the self-assessment at www.ontario.ca/coronavirus. Follow all directions from your medical provider or your local health unit at the following phone numbers:

Health Connect Ontario: 811
Telehealth Ontario: 1-866-797-0000
Toronto Public Health: 416-338-7600
Peel Public Health: 905-799-7700
Durham Region Health Department: 905-668-7711
York Region Public Health: 1-877-464-9675

Please refer to previous updates as lots of important information has been provided that may still be relevant. If you have any questions or require more information on how you can protect yourself and those around you from the COVID-19 virus, please contact our Senior Manager of Client Services/Lead AAC Facilitator Jessica at 416-222-4448 or jessica.nydp@gmail.com.