

Coronavirus: COVID-19
Current Update – March 31, 2022

As of March 31, 2022, Canada has a total of 3,477,574 confirmed cases of COVID-19. Ontario has 1,162,609 cases and Toronto has 296,852 cases.

Please note: As of December 31, 2021, Ontario is only providing PCR tests to symptomatic, high-risk individuals. This has likely resulted in a lower amount of daily cases being reported.

Ontario Covid-19 cases this week:

Sunday March 27: **2754**

Monday March 28: **2215**

Tuesday March 29: **1741**

Wednesday March 30: **1610**

Thursday March 31: **2814**

Ontario reports 807 people in hospital with COVID-19 and 102 patients in ICU

As of March 31, there are 2814 new cases of COVID-19 in Ontario, this is likely an underestimate as PCR tests are not widely available. The positivity rate is 16.0%

Ontario is reporting that 807 people are in hospital with COVID-19. For the 705 not in ICU, 495 of them are fully vaccinated, 182 are unvaccinated, 28 are partially vaccinated.

There are 102 COVID-19 patients in an intensive care unit. Of all patients, 69 of them are fully vaccinated, 27 are unvaccinated and 6 are partially vaccinated.

New data from the Ontario Science Table suggests that when population size is considered, people who are fully vaccinated are 82.7% less likely to end up in hospital and 91.3% less likely to end up in ICU compared to people who are unvaccinated.

Yesterday's cases were found in: Toronto (724), Peel Region (249), Ottawa (248), Simcoe-Muskoka (181), Durham Region (151), Niagara (119), Halton (112), Middlesex-London (148), Windsor-Essex (102), Hamilton (186), Kingston, Frontenac and Lennox & Addington (113), and York Region (165). All other health units reported fewer than 100 COVID-19 cases in Ontario.

In Ontario, 86% of the eligible population is fully vaccinated, meanwhile, 3% of people in Ontario who are eligible for a vaccine have had at least one dose. 11% of the population is unvaccinated.

Sources:

1. <https://covid19tracker.ca/index.html>

2. [Ontario COVID-19 Data Tool | Public Health Ontario](#)
3. [Ontario COVID-19: positivity rate increases as more than 800 treated in hospital | CTV News](#)
4. [COVID-19 in Ontario: January 15, 2020 to March 31, 2022](#)
5. <https://covid-19.ontario.ca/data>

Canada no longer requiring COVID-19 testing to enter the Country

As of April 1, 2022, Canada is no longer requiring fully vaccinated travellers to be tested for COVID-19 prior to entering the country. Due to this change, there has been an increase of travel bookings for both into and out of the country.

Some individuals may still be randomly tested when arriving in Canada, and those coming from other countries are still required to wear a mask for 14 days. If a traveller is unvaccinated, they will still be required to be tested upon arrival and once again 8 days later, with a quarantine of 2 weeks.

As mask mandates are lifted, a 6th wave of COVID-19 is highly probable, and these restrictions may change depending on rising cases due to a more contagious subvariant of Omicron.

Source:

1. <https://www.cp24.com/news/vaccinated-travellers-to-canada-no-longer-need-to-be-tested-for-covid-19-1.5843962>

Ontario's COVID-19 Vaccine booking portal:

Those eligible for a vaccine can book here: <https://covid-19.ontario.ca/book-vaccine/>.

Or by phone at: 1-833-943-3900.

For general information about vaccines, call: 1-888-999-6488.

In Toronto? Here's a safe transportation option to go to your vaccine appointment:

Wheel-Trans is committed to providing vaccine rides to the elderly and people with disabilities in Toronto. Wheel-Trans is offering individual rides to City-run mass vaccination sites, pharmacies, doctor's offices, and clinics that are giving out vaccines. Customers may be joined by one Support Person on their Wheel-Trans ride.

You may be eligible for Wheel-Trans service if your disability prevents you from using the TTC's conventional transit for all or part of their trip.

If you are not yet a Wheel-Trans customer, and you think you may qualify for Wheel-Trans service, you are invited to apply by calling Wheel-Trans Customer Service at 416-393-4111, Monday to Friday from 8 a.m. to 4 p.m.

Existing Wheel-Trans customers can book their rides to and from their vaccine appointments by calling Wheel-Trans Reservations at 416-393-4222, seven days a week from 7 a.m. to 11 p.m. or through the Wheel-Trans Self-Booking Website. Access the website by clicking here: <https://mywheel-trans.ttc.ca/SelfBooking2020/Login?ReturnUrl=%2fSelfBooking2020>.

Upcoming Events:

North Yorkers

The Communication Enrichment Class (ongoing)

The class is running virtually on Tuesdays and Thursdays at 1pm. You can find the online blog at <https://nydpcec.wordpress.com/> where class activities will be posted before each class. If you or someone you know has a communication disability and may be interested in participating in the class, please contact Jessica, our Manager of Client Services via email at jessica.nydp@gmail.com.

March of Dimes

One to One Peer Support Program

The One to One Peer Support program is still running. No one understands quite like somebody who has lived the same experience. Our Peer Support program pairs caregivers with peers who are also experienced in caregiving and can offer practical advice and support by phone or a video chat. Contact Angie Clark by email at aclark@marchofdimes.ca or call 1-905-301-8114 for more information or to get connected.

If you or someone you know uses Augmentative and Alternative Communication (AAC), and requires resources related to COVID-19, please contact Jessica (jessica.nydp@gmail.com) and she can assist you in accessing and/or creating various communication tools.

If you think you may be experiencing symptoms of COVID-19, take the self-assessment at www.ontario.ca/coronavirus. Follow all directions from your medical provider or your local health unit at the following phone numbers:

Telehealth Ontario: 1-866-797-0000
Toronto Public Health: 416-338-7600
Peel Public Health: 905-799-7700
Durham Region Health Department: 905-668-7711
York Region Public Health: 1-877-464-9675

Please refer to previous updates as lots of important information has been provided that may still be relevant. If you have any questions or require more information on how you can protect yourself and those around you from the COVID-19 virus, please contact our Senior Manager of Client Services/Lead AAC Facilitator Jessica at 416-222-4448 or jessica.nydp@gmail.com.