

Coronavirus: COVID-19
Current Update – April 24, 2020

As of April 24, 2020, Canada has a total of 42, 110 confirmed cases of COVID-19. Ontario itself has 13, 519 cases with Toronto having 4347 cases. **At this time, residents of North Yorkers continue to remain symptom free and staff members continue to self-monitor.** If this changes, we will notify all staff, residents and stakeholders as soon as possible.

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As another weekend approaches, we are one step closer to the end of the coronavirus pandemic. Although we do not have a definite end date to the state of emergency in Ontario, we do know that things will only get better and go back to normal in due course, and maintaining optimism is the best remedy for this challenging situation. Sometimes we need to turn off the news and distract ourselves with movies, TV shows, crafting, cooking, and talking to friends and family on the phone or through video chat. The sun is starting to shine brighter and longer each day, so going for a walk or roll outside might be enough to put us in a lighter mood. If you are feeling down, go on YouTube and look up funny videos: cute animal videos, pranks, comedians, or watch a tutorial on something you've always wanted to learn. Just remember...

“One small positive thought in the morning can change your whole day”



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Scotiabank Arena, home to the Maple Leafs and Raptors, has been turned into a giant kitchen during the coronavirus pandemic.

Maple Leaf Sports & Entertainment, in conjunction with its partners, is looking to prepare 10,000 meals a day to go to Toronto's front-line health-care workers and their families as well as the city's most vulnerable via community agencies and shelters.

MLSE is planning to run the program five days a week at least through June, delivering a half-million meals.

Read more about the efforts of MLSE at <https://toronto.citynews.ca/2020/04/24/scotiabank-arena-mlse-meals-coronavirus/>

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BuzzFeed, an Internet media news and entertainment company shares various articles on trending topics as well as fun reads. Today, they share an article called *12 Canadian Stories That Will Make You Forget About All the Bad Things*. Check it out! It will surely make you smile. <https://www.buzzfeed.com/kylerichmond/canadian-good-news-week-4>

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If you or someone you know uses Augmentative and Alternative Communication (AAC), and requires any resources related to COVID-19, please contact Jessica (Jessica.nydp@gmail.com) and she can assist you in accessing and/or creating various communication tools.

Communication Disabilities Access Canada (CDAC) Communication Rights Toolkit
<https://www.cdacanada.com/resources/covid-19/covid-19-communication-rights-toolkit/>

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If you think you may be experiencing symptoms of COVID-19, take the self-assessment at www.ontario.ca/coronavirus. Follow all directions from your medical provider or your local health unit at the following phone numbers:

Telehealth Ontario: 1-866-797-0000

Toronto Public Health: 416-338-7600

Peel Public Health: 905-799-7700

Durham Region Health Department: 905-668-7711

York Region Public Health: 1-877-464-9675

Please refer back to previous updates as lots of important information has been provided that may still be relevant. If you have any questions or require more information on how you can protect yourself and those around you from the COVID-19 virus, please contact our Outreach Communication Facilitator Jessica, at 416-222-4448 or jessica.nydp@gmail.com