

Coronavirus: COVID-19
Current Update – April 30, 2020

As of April 30, 2020, Canada has a total of 52, 056 confirmed cases of COVID-19. Ontario itself has 16, 187 cases with Toronto having 5360 cases. **At this time, residents of North Yorkers continue to remain symptom free and staff members continue to self-monitor.** If this changes, we will notify all staff, residents and stakeholders as soon as possible.

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This weekend, we are expecting the temperatures in the GTA to rise to about 20 degrees. It is going to be a beautiful weekend but we would like to remind everyone that although it will be tempting to go out to enjoy the weather, it is important that we do not let our guards down and continue to follow the physical distancing guidelines that are being enforced by the city for the protection of all. Please stay around your home unless you have to go out for essentials. You can still go outside your home to enjoy the sun or go for a walk in your neighbourhood to take advantage of the lovely weather. Being outdoors, walking around your neighbourhood, sitting outside to watch the birds as the weather warms, playing with your kids– all of these types of activities are good for your mental health and may help you feel more connected to the environment and less isolated while maintaining physical distancing. Do not engage in such activities in large groups and ensure you follow all rules on park closures and by-laws.

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Airbnb has partnered with SEIU Healthcare to provide free stays for GTA health care workers battling COVID-19 on the frontline. Airbnb said that its CEO Brian Chesky has put up \$500, 000 USD of his own money to help pay for these stays. Hosts across Canada have also generously opened their door and offered places to stay to frontline workers. The initiative began in Italy and France before the company decided make it a global campaign. Airbnb is leaving it up to the union to reach out to their members and arrange accommodations.

<https://www.cp24.com/news/airbnb-partners-with-health-care-union-to-offer-free-stays-to-frontline-workers-in-the-gta-1.4918709>

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The city has launched a 24 hour “BloomCam” so residents can still participate in watching the High Park Sakura blossoms virtually. The closure, which is due to COVID-19 restrictions within the city, will continue until the bloom is completed. The blossoms usually last between four and 10 days and attract tens of thousands of admirers during their bloom. Check out the city of Toronto’s website below to watch the live cherry blossom feed, as well as keep informed of various live events taking place virtually to learn more about the Sakura cherry blossom trees!

<https://www.toronto.ca/explore-enjoy/festivals-events/cherry-blossoms/>

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turns out my top 3 hobbies are:

1. eating at restaurants
2. going to nonessential businesses
3. touching my face

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If you or someone you know uses Augmentative and Alternative Communication (AAC), and requires any resources related to COVID-19, please contact Jessica (Jessica.nydp@gmail.com) and she can assist you in accessing and/or creating various communication tools.

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If you think you may be experiencing symptoms of COVID-19, take the self-assessment at www.ontario.ca/coronavirus. Follow all directions from your medical provider or your local health unit at the following phone numbers:

Telehealth Ontario: 1-866-797-0000

Toronto Public Health: 416-338-7600

Peel Public Health: 905-799-7700

Durham Region Health Department: 905-668-7711

York Region Public Health: 1-877-464-9675

Please refer back to previous updates as lots of important information has been provided that may still be relevant. If you have any questions or require more information on how you can protect yourself and those around you from the COVID-19 virus, please contact our Outreach Communication Facilitator Jessica, at 416-222-4448 or jessica.nydp@gmail.com