

**Coronavirus: COVID-19**  
**Current Update – April 8, 2020**

As of April 8, 2020, Canada has a total of 17, 897 confirmed cases of COVID-19. Ontario itself has 5276 cases with Toronto having 1449 cases. **At this time, residents of North Yorkers continue to remain symptom free and staff members continue to self-monitor.** If this changes, we will notify all staff, residents and stakeholders as soon as possible.

--

As Easter Weekend approaches, it is important that we do not let our guard down and ensure we maintain the safeguards that are in place to keep ourselves safe during the coronavirus. Family members may express their desires to come and visit you over the Easter Weekend but we have to remember that ***this is absolutely not allowed.*** If you are missing your family and friends, there are many great options you can use to see and talk to them such as Zoom, FaceTime, calling them on the telephone or emailing. If a family member, friend or community member try to come for a visit unannounced, you should ask them to ***leave immediately.*** If they try to leave a gift, ensure you practice the same protocols as you would for any package and mail you receive:

- Use gloves when handling all packages/items no matter what it is (or wash hands immediately after handling if gloves are not available)
- Spray package or item with a disinfectant such as Lysol Spray before bringing it in the house
- Discard of any extra exterior packaging in an outside garbage bin if possible

--

**The great mask debate:** What is the official word on if we should or shouldn't wear masks? In today's podcast, it is discussed whether people should be wearing masks if you're in a situation where social distancing may not be possible. As there have been a lot of contradicting information in the media on what the mask-wearing protocol should be, take a listen to this podcast to find out what you should be doing going forward.

Podcast: <https://toronto.citynews.ca/2020/04/07/covid-19-mask-debate/>

--

If you think you may be experiencing symptoms of COVID-19, take the self-assessment at [www.ontario.ca/coronavirus](http://www.ontario.ca/coronavirus). Follow all directions from your medical provider or your local health unit at the following phone numbers:

Telehealth Ontario: 1-866-797-0000

Toronto Public Health: 416-338-7600

Peel Public Health: 905-799-7700

Durham Region Health Department: 905-668-7711

York Region Public Health: 1-877-464-9675

Please refer back to previous updates as lots of important information has been provided that may still be relevant. If you have any questions or require more information on how you can protect yourself and those around you from the COVID-19 virus, please contact our Outreach Communication Facilitator Jessica, at 416-222-4448 or [Jessica.nydp@gmail.com](mailto:Jessica.nydp@gmail.com)