

Coronavirus: COVID-19
Current Update – June 1, 2020

As of June 1, 2020, Canada has a total of 91,351 confirmed cases of COVID-19. Ontario itself has 28,263 cases with Toronto having 11,174 cases. **At this time, residents of North Yorkers continue to remain symptom free and staff members continue to self-monitor.** If this changes, we will notify all staff, residents and stakeholders as soon as possible.

--

We are very happy to announce that we have received confirmation from North York General Hospital that COVID-19 testing will be made available for all residents and staff of North Yorkers for Disabled Persons Inc. This is a great step forward as we will be able to grasp how well our Infection Prevention and Control efforts have truly been thus far as well as determine if any changes need to be made to our current protocols. Our testing is confirmed for **Wednesday June 3rd, 2020**. Testers from North York General will come on-site to North Yorkers to conduct the testing, and we will ensure that all appropriate Personal Protective Equipment are worn while our essential visitors are in the home and in close proximity with everyone. Immediately following the testing, there will be a socially distanced staff training to discuss current Infection Prevention protocols and guidelines in place as well as to provide any new information we have for them. This meeting will also give us the opportunity to hear if any of our staff members have any comments, questions or concerns about how things have been going so far during the emergency order, and discuss what we can continue to do or do differently to keep things as smooth as possible for everyone.

--

How to be an ally in everyday situations

In Today's Big Story Podcast, hosts revisit a conversation about what keeps us quiet or still when racists, sexist and homophobic acts occur in front of us, and how we can change that. The podcast today will talk about what each of us, especially those with privilege, should be ready to do right now. Until tomorrow, stay safe and help each other out.

<https://thebigstorypodcast.ca/2020/06/01/how-to-be-an-ally-in-everyday-situations/>

--

UPCOMING EVENTS:

March of Dimes Canada

The Unexpected Journey of Caring: The Transformation from Loved One to Caregiver A 4 Part Series

Starting Wednesday June 10th @ 2pm EST for 4 weeks.

Register for 1 or all 4!

Overall description: When you become a caregiver, everything changes - daily actions, beliefs, hopes, expectations and connections to others.

In this series, we will explore what happens to us when we care and turn toward-not away-from our loved ones, and how deep care for another transforms us and our relationships. The insights and strategies offered in this series are designed to help participants begin to make sense of the very experiences that transform them throughout the caregiver role so they can more fully advocate for their loved ones and themselves.

Session Themes:

June 10th: When Help Disappoints

June 17th :Caregiver Relationship Confusion

June 24th : Be Your Own Community Organizer

July 8th: Care Networking

Register Online: <https://afterstroke.marchofdimes.ca/news-events/family-caregiver-experience-4-part-series>

--

If you or someone you know uses Augmentative and Alternative Communication (AAC), and requires resources related to COVID-19, please contact Jessica (Jessica.nydp@gmail.com) and she can assist you in accessing and/or creating various communication tools.

--

If you think you may be experiencing symptoms of COVID-19, take the self-assessment at www.ontario.ca/coronavirus. Follow all directions from your medical provider or your local health unit at the following phone numbers:

Telehealth Ontario: 1-866-797-0000

Toronto Public Health: 416-338-7600

Peel Public Health: 905-799-7700

Durham Region Health Department: 905-668-7711

York Region Public Health: 1-877-464-9675

Please refer back to previous updates as lots of important information has been provided that may still be relevant. If you have any questions or require more information on how you can protect yourself and those around you from the COVID-19 virus, please contact our Outreach Communication Facilitator Jessica, at 416-222-4448 or

jessica.nydp@gmail.com