

Coronavirus: COVID-19
Current Update – June 12, 2020

As of June 12, 2020, Canada has a total of 97, 530 confirmed cases of COVID-19. Ontario itself has 31, 544 cases with Toronto having 13, 063 cases.

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Businesses begin opening today outside of Toronto and Hamilton

Earlier this week, Doug Ford announced that most of Ontario will be entering phase 2 of reopening as of today with the exception of the Greater Toronto Area and the Hamilton region. We are very grateful that the number of COVID-19 cases in Ontario is reducing each day, however it is essential that we continue to practice infection prevention measures to ensure that the numbers continue to go down. If you live in an area that is still in phase 1, please consider avoiding going out of town specifically to take advantage of the newly reopened businesses and services. There is always a risk that you can be asymptomatic and bring the virus to a town that has had little to no cases in the recent weeks.

While only parts of Ontario are entering phase 2, the the limit on social gatherings will increase from five to 10 people province wide. Public Health officials are encouraging Ontarians **to establish a circle of people they can come in close contact without the need for physical distancing to a maximum of 10 people total.** You should not be a part of more than one social circle, and you will need to continue physical distance from those outside of your circle.

Please continue to use extra vigilance when making the decision to socialize and/or go out in the community this weekend. Wear face coverings when social distancing is a challenge, practice hand hygiene as frequently as you can, and maintain a distance of 6 feet when around people outside of your newly developed social circle/household.

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Ontario to Resume Family Visits in Long-Term Care, Retirement Homes and other Residential care settings commencing June 18th

“In consultation with the Chief Medical Officer of Health, the Ontario government announced the gradual resumption of visits to long-term care homes, retirement homes, and other residential care settings.”

- Homes must not be in outbreak;
- Homes must have an established process for communicating visitor protocol and the associated safety procedures
- Must have established protocols and regulations for visits (i.e. dedicated outdoor space, space to maintain distance of 6 feet apart, screening process, must have a negative test result in the last two weeks, etc.)
- Homes must maintain the highest infection prevention and control standards

Source: <https://news.ontario.ca/opo/en/2020/06/ontario-to-resume-family-visits-in-long-term-care-homes-retirement-homes-and-other-residential-care.html>

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Road closures taking place this weekend for ActiveTO

“More than 10 kilometres of roads will be shut down again this weekend for ActiveTO. The closures will begin at 6 a.m. on Saturday and last until 11 p.m. on Sunday. The eastbound lanes of Lake Shore Boulevard will be closed from Windermere Avenue to Stadium Road, and from Leslie Street to just south of Woodbine Avenue. Bayview Avenue will be closed from front to Rosedale Road, and River Street will be shut down from Gerrard Street to Bayview.”

<https://toronto.citynews.ca/2020/06/12/road-closures-toronto-activeto/>



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UPCOMING EVENTS:

March of Dimes Canada

The Unexpected Journey of Caring: The Transformation from Loved One to Caregiver A 4 Part Series

Starting Wednesday June 10th @ 2pm EST for 4 weeks.

Register for 1 or all 4!

Session Themes:

June 17th :Caregiver Relationship Confusion

June 24th : Be Your Own Community Organizer

July 8th: Care Networking

Register Online: <https://afterstroke.marchofdimes.ca/news-events/family-caregiver-experience-4-part-series>

Centre for Independent Living in Toronto (CILT):

ODSP and COVID-19 Zoom Webinar

Thursday, June 25, 2020, 1:00 PM-2:30 PM (Eastern Time (US and Canada))

By the end of the webinar, you will build on your knowledge of:

Workshop Objectives

- (1) ODSP and Emergency Benefits
- (2) ODSP and Canada Emergency Response Benefit (CERB)
- (3) ODSP and Canada Emergency Student Benefit (CESB)
- (4) What to do if you qualify for and are not receiving these benefits
- (5) Community Advocacy Campaigns and ODSP Resources

Register by following the link https://us02web.zoom.us/webinar/register/WN_mccz9OvJQk6xvKS4L-b9bA or e-mail robin.simmons@cilt.ca or call [416-599-2458 extension 293](tel:416-599-2458)

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If you or someone you know uses Augmentative and Alternative Communication (AAC), and requires resources related to COVID-19, please contact Jessica (Jessica.nydp@gmail.com) and she can assist you in accessing and/or creating various communication tools.

If you think you may be experiencing symptoms of COVID-19, take the self-assessment at www.ontario.ca/coronavirus. Follow all directions from your medical provider or your local health unit at the following phone numbers:

Telehealth Ontario: 1-866-797-0000

Toronto Public Health: 416-338-7600

Peel Public Health: 905-799-7700

Durham Region Health Department: 905-668-7711

York Region Public Health: 1-877-464-9675

Please refer back to previous updates as lots of important information has been provided that may still be relevant. If you have any questions or require more information on how you can protect yourself and those around you from the COVID-19 virus, please contact our Outreach Communication Facilitator Jessica, at 416-222-4448 or jessica.nydp@gmail.com