

**Coronavirus: COVID-19**  
**Current Update – June 2, 2020**

As of June 2, 2020, Canada has a total of 92, 151 confirmed cases of COVID-19. Ontario itself has 28, 709 cases with Toronto having 11, 388 cases. **At this time, residents of North Yorkers continue to remain symptom free and staff members continue to self-monitor.** If this changes, we will notify all staff, residents and stakeholders as soon as possible.

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**Emergency Order Extended to June 30<sup>th</sup>, 2020**

As the emergency order was set to expire today, June 2<sup>nd</sup>, the Premier of Ontario has extended the order until at least June 30<sup>th</sup>, 2020. This means that we are required to continue following safety measures to help reduce the spread of COVID-19.

**Stay home** – save lives and don't put others at risk.

**Practise physical distancing** – stay 2 metres (6 feet) away from others in public.

**Wash your hands** with soap and water thoroughly and often.

**Learn about face coverings** – how to use, clean and dispose.

**Get the facts about COVID-19/covid 19** – basics, symptoms and treatment.

We are currently still in Phase 1 of reopening the province, and some of you are probably wondering what Phase 2 might look like, and when that will take place. *Based on the best practices and lessons learned from Stage 1, the next stages of reopening Ontario will focus on opening more businesses, public spaces and services and enabling more parents to return to work. Public health measures, workplace safety guidance, protections for vulnerable people and working remotely is expected to continue throughout each stage.*

**Stage 2**

In the second stage, Ontario will consider:

- opening more workplaces
- opening more public spaces
- allowing some larger public gatherings
- continued protections for vulnerable populations

**Stage 3**

In the final stage, Ontario will consider:

- opening all workplaces in a responsible way
- relaxing restrictions on public gatherings
- continued protections for vulnerable populations

The government will continue to be methodical and transparent. We will continue to update the public and add more details to this page as the COVID-19 situation evolves.

This gradual, measured approach will allow Ontario to emerge from this crisis with a clear path to economic recovery that keeps people safe and healthy.

Source: <https://www.ontario.ca/page/reopening-ontario-stages#section-2>

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## **We are Allies!**

### **Police Brutality is not just an American problem. What needs to happen here?**

What needs to actually happen to make progress, and how can it be done? What are the actual differences in process between us and the United States? Guest Asha James, human rights lawyer along with hosts discuss the major issues going on all over the world regarding racism and police brutality.

<https://thebigstorypodcast.ca/2020/06/02/police-brutality-is-not-just-an-american-problem-what-needs-to-happen-here/>

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## **UPCOMING EVENTS:**

### **March of Dimes Canada**

The Unexpected Journey of Caring: The Transformation from Loved One to Caregiver A 4 Part Series

Starting Wednesday June 10th @ 2pm EST for 4 weeks.

Register for 1 or all 4!

Overall description: When you become a caregiver, everything changes - daily actions, beliefs, hopes, expectations and connections to others.

In this series, we will explore what happens to us when we care and turn toward-not away-from our loved ones, and how deep care for another transforms us and our relationships. The insights and strategies offered in this series are designed to help participants begin to make sense of the very experiences that transform them throughout the caregiver role so they can more fully advocate for their loved ones and themselves.

Session Themes:

June 10th: When Help Disappoints

June 17th :Caregiver Relationship Confusion

June 24th : Be Your Own Community Organizer

July 8th: Care Networking

Register Online: <https://afterstroke.marchofdimes.ca/news-events/family-caregiver-experience-4-part-series>

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If you or someone you know uses Augmentative and Alternative Communication (AAC), and requires resources related to COVID-19, please contact Jessica ([Jessica.nydp@gmail.com](mailto:Jessica.nydp@gmail.com)) and she can assist you in accessing and/or creating various communication tools.

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If you think you may be experiencing symptoms of COVID-19, take the self-assessment at [www.ontario.ca/coronavirus](http://www.ontario.ca/coronavirus). Follow all directions from your medical provider or your local health unit at the following phone numbers:

Telehealth Ontario: 1-866-797-0000

Toronto Public Health: 416-338-7600

Peel Public Health: 905-799-7700

Durham Region Health Department: 905-668-7711

York Region Public Health: 1-877-464-9675

Please refer back to previous updates as lots of important information has been provided that may still be relevant. If you have any questions or require more information on how you can protect yourself and those around you from the COVID-19 virus, please contact our Outreach Communication Facilitator Jessica, at 416-222-4448 or [jessica.nydp@gmail.com](mailto:jessica.nydp@gmail.com)