

Coronavirus: COVID-19
Current Update – March 26, 2020

As of March 26, 2020, Canada has a total of 3385 confirmed cases of COVID-19. Ontario itself has 688 cases with Toronto having 280 cases. **At this time, residents of North Yorkers continue to remain symptom free and staff members continue to self-monitor.** If this changes, we will notify all staff and residents as soon as possible.

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It has been 14 days since the residents of North Yorkers agreed that it would be a good idea to remain at home during the pandemic to avoid coming in contact with COVID-19 in the community. As most of our residents enjoyed various day programs, drop-in centres, church programs and community outings, being home for this long has certainly been a challenge for some. Our staff are working hard on a daily basis to not only provide our residents with their essential personal care needs, but some entertainment as well. The residents got together and decided it would be a fun idea to write a poem on how they are feeling during self-isolation. With permission from the residents, you will find their poem posted on our website along with a couple photos.

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Going back to school on a virtual campus? In the wake of the current Coronavirus pandemic, Canadian schools at all levels (i.e. elementary, high school, college and university) were forced to shut down and send students home to help flatten the curve of the virus. The podcast below talks about what happens when you try to move the highly social lives of college and university students online. Many of us may have a close family member or friend who is in the midst of dealing with this transition, and sharing a podcast is a great way to keep a safe distance while still maintaining a connection with our loved ones.

Podcast: <https://toronto.citynews.ca/2020/03/26/coronavirus-virtual-campus/>

If you think you may be experiencing symptoms of COVID-19, take the self-assessment at www.ontario.ca/coronavirus. Follow all directions from your medical provider or your local health unit at the following phone numbers:

Toronto Public Health: 416-338-7600

Peel Public Health: 905-799-7700

Durham Region Health Department: 905-668-7711

York Region Public Health: 1-877-464-9675

Please refer back to previous updates as lots of important information has been provided that may still be relevant. If you have any questions or require more information on how you can protect yourself and those around you from the COVID-19 virus, please contact our Outreach Communication Facilitator Jessica, at 416-222-4448 or Jessica.nydp@gmail.com

LET ME TELL YOU ABOUT COVID-19 AND HOW IT'S REALLY BEEN

A POEM BY THE RESIDENTS OF NORTH YORKERS

MARCH 26, 2020

At times I am bored and feel pretty bad,
Some might call it frustrated and even sad.

I feel quite lazy and a bit scared,
But going outside I could not even be dared.

I always have handwashing on my mind,
But I understand it's for the safety of mankind.

Even though I am cut off and a bit stuck,
I am fortunate and never really out of luck.

At 2880 Bayview there is lots of tasty food,
And for that I am grateful and have a good attitude.

The staff are working hard and are part of the team,
But I still feel like this is just a bad, bad dream.

Our programs and churches are on hold till another date,
But there are other things more important to think about at this rate.

We can all hope for a fast end to this awful time,
And look forward to being outside with the sunshine

We watch the news on TV and we stay up to date,
We stay home to flatten the curve and to reduce the rate.

So you too should stay home and not go out,
Be safe, not sorry, then there'll be no doubt.

Because, this will be over for us all one day.
And until then, I miss you, love you is what I can say



Michelle- March 25, 2020



Zoe- March 25, 2020