

Coronavirus: COVID-19
Current Update – May 28, 2020

As of May 28, 2020, Canada has a total of 87, 902 confirmed cases of COVID-19. Ontario itself has 26, 866 cases with Toronto having 10, 525 cases. **At this time, residents of North Yorkers continue to remain symptom free and staff members continue to self-monitor.** If this changes, we will notify all staff, residents and stakeholders as soon as possible.

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Ontario adds more to the list of what can re-open

Although we have been able to access urgent care and critical medical intervention from most physicians during the coronavirus pandemic, all non-essential health services were forced to close down when the emergency order for COVID-19 was issued. The Province of Ontario released a list yesterday of health care practitioners that are now allowed to re-open their doors as long as their governing college allows for it. Please contact your specific provider to find out if they have decided to reopen, and ask what sort of Infection Prevention and Control (IPAC) practices they are following to ensure all patients coming in to their office are kept safe from contracting COVID-19.

- audiologists
- chiropodists
- chiropractors
- dental hygienists
- dental technologists
- dentists
- denturists
- dietitians
- homeopaths
- kinesiologists
- massage therapists

For a comprehensive list of medical practitioners now allowed to re-open, see the link below!
<https://www.blogto.com/city/2020/05/ontario-adds-more-list-of-what-can-reopen/>

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What's the next disaster we need to prepare for now?

What do we need to do now to make sure we are ready for whatever comes next?

A pandemic is a low-probability, high-consequence events—it probably won't happen tomorrow, but it will happen eventually. Every year intelligence agencies, scientists and analysts spend a lot of time figuring out which of these events may be looming. Today's episode is about what they see right now.

<https://toronto.citynews.ca/2020/05/28/whats-the-next-disaster-we-need-to-prepare-for-now/>

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UPCOMING EVENTS:

March of Dimes Canada

The Unexpected Journey of Caring: The Transformation from Loved One to Caregiver A 4 Part Series
Starting Wednesday June 10th @ 2pm EST for 4 weeks.

Register for 1 or all 4!

Overall description: When you become a caregiver, everything changes - daily actions, beliefs, hopes, expectations and connections to others.

In this series, we will explore what happens to us when we care and turn toward-not away-from our loved ones, and how deep care for another transforms us and our relationships. The insights and strategies offered in this series are designed to help participants begin to make sense of the very experiences that transform them throughout the caregiver role so they can more fully advocate for their loved ones and themselves.

Session Themes:

June 10th: When Help Disappoints

June 17th :Caregiver Relationship Confusion

June 24th : Be Your Own Community Organizer

July 8th: Care Networking

Register Online: <https://afterstroke.marchofdimes.ca/news-events/family-caregiver-experience-4-part-series>

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If you or someone you know uses Augmentative and Alternative Communication (AAC), and requires resources related to COVID-19, please contact Jessica (jessica.nydp@gmail.com) and she can assist you in accessing and/or creating various communication tools.

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If you think you may be experiencing symptoms of COVID-19, take the self-assessment at www.ontario.ca/coronavirus. Follow all directions from your medical provider or your local health unit at the following phone numbers:

Telehealth Ontario: 1-866-797-0000

Toronto Public Health: 416-338-7600

Peel Public Health: 905-799-7700

Durham Region Health Department: 905-668-7711

York Region Public Health: 1-877-464-9675

Please refer back to previous updates as lots of important information has been provided that may still be relevant. If you have any questions or require more information on how you can protect yourself and those around you from the COVID-19 virus, please contact our Outreach Communication Facilitator Jessica, at 416-222-4448 or

jessica.nydp@gmail.com