

Coronavirus: COVID-19
Current Update – May 29, 2020

As of May 29, 2020, Canada has a total of 88, 856 confirmed cases of COVID-19. Ontario itself has 27, 210 cases with Toronto having 10, 726 cases. **At this time, residents of North Yorkers continue to remain symptom free and staff members continue to self-monitor.** If this changes, we will notify all staff, residents and stakeholders as soon as possible.

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It has been over two months since the residents of North Yorkers have seen their loved ones in person, and the same unfortunately goes for many people all over the province, country and the world. As we continue to navigate the continued COVID-19 Pandemic and all staff and residents remain symptom free, we have decided to allow for socially distanced and Infection Prevention and Control (IPAC) driven visits to begin with family members as early as next week. We would like to stress that we will do everything possible to ensure the safety and wellbeing of our residents and staff while implementing these visits. In order for visits to run smoothly and safely, family members must adhere to the following protocols:

1. All visits must be scheduled with the Executive Director in advance.
2. All visitors must complete a health screener before visiting with their family member. This includes a temperature check conducted by management using a non-contact thermometer.
3. All visitors will be required to remain outside on the back patio for the duration of the visit. Washrooms will not be available for visitor use.
4. Each visitor will be required to wear a surgical mask provided upon arrival and for the duration of the visit.
5. Visitors must remain 6 feet away from the resident at all times.
6. Management will be present to supervise and to assist the resident as needed.

If there is any indication whatsoever that these socially distanced and controlled visits have put our residents and staff at risk, we will not hesitate to take a step back to re-evaluate and make changes to this decision. If you have any questions, concerns or are a family member who would like to schedule a visit through our Executive Director, please contact Jessica and she will provide you with the information that you will need.

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UPCOMING EVENTS:

March of Dimes Canada

The Unexpected Journey of Caring: The Transformation from Loved One to Caregiver A 4 Part Series

Starting Wednesday June 10th @ 2pm EST for 4 weeks.

Register for 1 or all 4!

Overall description: When you become a caregiver, everything changes - daily actions, beliefs, hopes, expectations and connections to others.

In this series, we will explore what happens to us when we care and turn toward-not away-from our loved ones, and how deep care for another transforms us and our relationships. The insights and strategies offered in this series are designed to help participants begin to make sense of the very experiences that transform them throughout the caregiver role so they can more fully advocate for their loved ones and themselves.

Session Themes:

June 10th: When Help Disappoints

June 17th :Caregiver Relationship Confusion

June 24th : Be Your Own Community Organizer

July 8th: Care Networking

Register Online: <https://afterstroke.marchofdimes.ca/news-events/family-caregiver-experience-4-part-series>

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If you or someone you know uses Augmentative and Alternative Communication (AAC), and requires resources related to COVID-19, please contact Jessica (Jessica.nydp@gmail.com) and she can assist you in accessing and/or creating various communication tools.

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If you think you may be experiencing symptoms of COVID-19, take the self-assessment at www.ontario.ca/coronavirus. Follow all directions from your medical provider or your local health unit at the following phone numbers:

Telehealth Ontario: 1-866-797-0000

Toronto Public Health: 416-338-7600

Peel Public Health: 905-799-7700

Durham Region Health Department: 905-668-7711

York Region Public Health: 1-877-464-9675

Please refer back to previous updates as lots of important information has been provided that may still be relevant. If you have any questions or require more information on how you can protect yourself and those around you from the COVID-19 virus, please contact our Outreach Communication Facilitator Jessica, at 416-222-4448 or jessica.nydp@gmail.com