Coronavirus: COVID-19

<u>Current Update – November 17, 2023</u>

Public Health Ontario's Weekly COVID-19 Summary

The number of reported COVID-19 cases on November 11th, 2023 was 3,433.

The total deaths caused by covid reported in the week was 31. The total number of covid-19 outbreaks in Ontario during this period was 164. Total number of hospital admissions was 190.

Masking requirements are back for long-term care staff in Ontario amid an uptick of COVID-19 cases and outbreaks in the sector.

The new rules went into effect on Nov. 7 and impact staff, volunteers and support workers, who will now have to wear masks indoors in all resident areas.

The directive says it is "strongly recommended" that caregivers and visitors wear masks indoors, except when in a resident's room or when eating or drinking.

A Public Health Ontario report published on the day the new masking rules went into effect says there have been 7,157 cases of COVID-19 among residents and staff so far in 2023.

Ontario is seeing a high positivity rate for COVID-19 at about 17 per cent, which is significantly greater than the positivity rate for influenza or respiratory syncytial virus (RSV).

RSV refers to a common respiratory virus that usually causes mild, cold-like symptoms. Most people recover in a week or two, but RSV can be serious. Infants and older adults are more likely to develop severe RSV and need hospitalization.

Sources:

https://www.publichealthontario.ca/en/Data-and-Analysis/Infectious-Disease/Respiratory-Virus-Tool

https://www.cp24.com/news/mask-mandates-return-to-ontario-long-term-care-amid-spike-in-covid-19-respiratory-illness-cases-1.6643554

Health Connect Ontario - 811

Connect with a Registered Nurse day or night for free, secure and confidential health advice.

Check your symptoms, get health advice with referrals to local & specialized services as needed

and access to a medical library. Access safe, high-quality care and avoid unnecessary visits to the

emergency room. This service is an easy way to get connected to care you or your loved ones

need, but it does not replace your other touch point with your healthcare provider. In a medical

emergency, call 911 immediately.

OHIP not needed. Anonymous calls accepted.

Refugee Health Hotline calls are now redirected automatically to 811.

Online (including live chat): https://health811.ontario.ca/static/guest/chat-online

Call: 811 or toll free TTY line 1-866-797-0007

Ontario's COVID-19 Vaccine booking portal:

Those eligible for a vaccine can book here: https://covid-19.ontario.ca/book-vaccine/

Or by phone at: 1-833-943-3900.

For general information about vaccines, call: 1-888-999-6488.

Upcoming Events:

North Yorkers - The Communication Enrichment Class (ongoing)

The class runs virtually on Tuesdays and Thursdays at 1 p.m. You can find the online blog at

https://nydpcec.wordpress.com/ where class activities will be posted before each class. If you or

someone you know has a communication disability and may be interested in participating in the

class, please contact Jessica, our Manager of Client Services via email at idunn@nydp.ca

March of Dimes - One to One Peer Support Program

The One to One Peer Support program is still running. No one understands quite like somebody who has lived the same experience. Our Peer Support program pairs caregivers with peers who are also experienced in caregiving and can offer practical advice and support by phone or a video chat. Contact Angie Clark by email at aclark@marchofdimes.ca or call 1-905-301-8114 for more information or to get connected.

If you or someone you know uses Augmentative and Alternative Communication (AAC), and requires resources related to COVID-19, please contact Jessica (jdunn@nydp.ca) and she can assist you in accessing and/or creating various communication tools.

If you think you may be experiencing symptoms of COVID-19, take the self-assessment at www.ontario.ca/coronavirus. Follow all directions from your medical provider or your local health unit at the following phone numbers:

Health Connect Ontario: 811

Telehealth Ontario: 1-866-797-0000

Toronto Public Health: 416-338-7600

Peel Public Health: 905-799-7700

Durham Region Health Department: 905-668-7711

York Region Public Health: 1-877-464-9675

Please refer to previous updates as lots of important information has been provided that may still be relevant. If you have any questions or require more information on how you can protect yourself and those around you from the COVID-19 virus, please contact our Senior Manager of Client Services/Lead AAC Facilitator Jessica at 416-222-4448 or jdunn@nydp.ca.