

Coronavirus: COVID-19
Current Update – August 9 2021

As of August 9th, 2021, Canada has a total of 1,439,935 confirmed cases of COVID-19. Ontario has 552,804 cases and Toronto has 171,113 cases.

Ontario reports fewer than 350 new cases of COVID-19 after 423 new cases yesterday

There are 325 new cases of COVID-19 today, down from 423 yesterday and 378 the day before. The seven-day average is 283, up from 189 a week ago. The positivity rate is 2.3%, which is the highest it's been since late June.

Of these new cases, there are 90 in Toronto, 47 in Peel Region, 29 in York Region, 29 in Hamilton, 26 in Windsor-Essex, 23 in Waterloo, and 14 in Durham Region.

Across the province, there are 113 people in Intensive Care Units due to COVID-19. Of those patients, 83 are breathing with the help of a ventilator.

Yesterday, 29,949 doses of COVID-19 vaccines were given out. Since the beginning of the province's COVID-19 vaccination campaign, Ontario has given out more than 19.9 million doses. Over 9.3 million people in Ontario have both doses and are fully vaccinated.

Source:

1. <https://toronto.ctvnews.ca/covid-19-cases-in-ontario-drop-below-350-after-a-spike-in-infections-no-new-deaths-reported-1.5539717>

Canada is open for non-essential travel to vaccinated U.S. citizens and permanent residents

Despite the fast-spreading Delta variant, the Canadian border is now open for non-essential travel for citizens and permanent residents of the United States. This is the first time the border has been open for this purpose in 17 months.

Meanwhile, there is no news about if or when the U.S. Government plans to allow Canadians to enter the U.S. for non-essential travel. Right now, you can't cross our shared land border by car, bus, or train, but you can travel to the U.S. by plane and/or a specific type of boat.

People who are travelling to Canada from the U.S. must:

- live in the U.S. as a citizen or permanent resident
- be fully vaccinated with Pfizer, Moderna, AstraZeneca, or Johnson & Johnson vaccines
- have waited 2 weeks after being fully vaccinated
- give proof that they took a COVID-19 test within the previous 72 hours of travelling (and the test must be negative).

The Canadian government is currently planning to allow vaccinated visitors from outside the U.S. to come to Canada for non-essential reasons on September 7.

Source:

1. <https://www.ctvnews.ca/canada/despite-delta-canada-welcomes-back-fully-vaxxed-u-s-citizens-permanent-residents-1.5539591>

Ontario's COVID-19 Vaccine booking portal:

Those eligible for a vaccine can book here: <https://covid-19.ontario.ca/book-vaccine/>.

Or by phone at: 1-833-943-3900.

For general information about vaccines, call: 1-888-999-6488.

In Toronto? Here's a safe transportation option to go to your vaccine appointment:

Wheel-Trans is committed to providing vaccine rides to the elderly and people with disabilities in Toronto. Wheel-Trans is offering individual rides to City-run mass vaccination sites, pharmacies, doctor's offices and clinics that are giving out vaccines. Customers may be joined by one Support Person on their Wheel-Trans ride.

You may be eligible for Wheel-Trans service if your disability prevents you from using the TTC's conventional transit for all or part of their trip.

If you are not yet a Wheel-Trans customer, and you think you may qualify for Wheel-Trans service, you are invited to apply by calling Wheel-Trans Customer Service at 416-393-4111, Monday to Friday from 8 a.m. to 4 p.m.

Existing Wheel-Trans customers can book their rides to and from their vaccine appointments by calling Wheel-Trans Reservations at 416-393-4222, seven days a week from 7 a.m. to 11 p.m. or through the Wheel-Trans Self-Booking Website. Access the website by clicking here: <https://mywheel-trans.ttc.ca/SelfBooking2020/Login?ReturnUrl=%2fSelfBooking2020>.

Upcoming Events:

March of Dimes

3-Part Series with Caroline Tapp-McDougall

Session 2: Daily Triumphs

Date: RESCHEDULED for Monday, September 20th at 2:00pm.

Registration link to be updated soon.

Caregiver Connection Group

Caregiver Conversation Series

Date: Thursdays at 2:00pm (ongoing)

To register:

<https://www.eventbrite.ca/e/march-of-dimes-canada-caregiver-conversation-series-tickets-142228614615?aff=ebdsoporgprofile>

If you or someone you know uses Augmentative and Alternative Communication (AAC), and requires resources related to COVID-19, please contact Sarah (sarah.nydp@gmail.com) and she can assist you in accessing and/or creating various communication tools.

If you think you may be experiencing symptoms of COVID-19, take the self-assessment at www.ontario.ca/coronavirus. Follow all directions from your medical provider or your local health unit at the following phone numbers:

Telehealth Ontario: 1-866-797-0000

Toronto Public Health: 416-338-7600

Peel Public Health: 905-799-7700

Durham Region Health Department: 905-668-7711

York Region Public Health: 1-877-464-9675

Please refer back to previous updates as lots of important information has been provided that may still be relevant. If you have any questions or require more information on how you can protect yourself and those around you from the COVID-19 virus, please contact our Outreach Communication Facilitator Sarah, at 416-222-4448 or

sarah.nydp@gmail.com.