

**Coronavirus: COVID-19**  
**Current Update – July 19 2021**

As of July 19th, 2021, Canada has a total of 1,423,307 confirmed cases of COVID-19. Ontario has 548,347 cases and Toronto has 170,266 cases.

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**Ontario reports fewer than 150 new COVID-19 cases, no new deaths**

Ontario reported 130 new cases of COVID-19 today, which is significantly lower than the case counts on Saturday (176) and Sunday (177). The seven-day average is 155, down from 173 at this time last week. The positivity rate is 0.6%.

Of these new cases, there are 18 in Toronto, 17 in Peel Region, 16 in the Region of Waterloo, 14 in Hamilton, 10 in Grey Bruce and 10 in Middlesex-London.

There are 151 COVID-19 patients in intensive care in Ontario hospitals and 107 of them are breathing with the help of a ventilator. In the past 24 hours, nobody has died from the virus.

The province gave out 91,320 doses of COVID-19 vaccines in the past 24 hours, and more than 7.9 million Ontarians have been fully vaccinated. So far, over 18.2 million doses have been administered in the province.

Source:

1. <https://toronto.ctvnews.ca/ontario-reports-fewer-than-150-new-covid-19-cases-no-new-deaths-1.5514577>

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**Better vaccine outreach to younger Canadians needed as first doses slow, says Tam**

Canada's Chief Public Health Officer Dr. Theresa Tam is concerned that vaccination rates in younger Canadians aren't very high, and not as many people are getting their first dose compared to previous weeks.

Tam said that young people shouldn't be blamed or shamed about vaccinations. "I have a firm, massive belief in our younger adults," she said.

Efforts to engage the youth must be focused on education about the benefits of vaccinations to themselves and their loved ones. There needs to be efforts within specific cultural communities too, with local leaders and influencers also playing a role, said Dr. Tam.

According to her, the problem is that younger Canadians tend to be socializing more, and can infect older Canadians if they carry COVID-19. Depending on their health conditions, even if they are fully vaccinated, elders can be more vulnerable to the disease.

Dr. Tam explained that unvaccinated people can be a source of outbreaks, referring to Yukon as an example. In Yukon, there is an ongoing outbreak among mostly unvaccinated people even though three out of four people in the territory have had at least one dose, and two out of three people are fully vaccinated.

As of July 3, two in three Canadians between 12 and 39 have had at least one dose of a COVID-19 vaccine, which leaves 4.5 million Canadians in that age group without any protection. To compare, almost four in five people between 40 and 60 have had at least one dose, and more than nine in 10 people over 60.

Last week, more than 90% of vaccines in Canada went to second doses. Ontario is moving to engage family doctors in the vaccination process in order to get vaccines to unvaccinated people.

Source:

1. <https://www.ctvnews.ca/health/coronavirus/better-vaccine-outreach-to-younger-canadians-need-ed-as-first-doses-slow-says-tam-1.5504262>

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**Ontario's COVID-19 Vaccine booking portal:**

Those eligible for a vaccine can book here: <https://covid-19.ontario.ca/book-vaccine/>.

Or by phone at: 1-833-943-3900.

For general information about vaccines, call: 1-888-999-6488.

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**In Toronto? Here's a safe transportation option to go to your vaccine appointment:**

Wheel-Trans is committed to providing vaccine rides to the elderly and people with disabilities in Toronto. Wheel-Trans is offering individual rides to City-run mass vaccination sites,

pharmacies, doctor's offices and clinics that are giving out vaccines. Customers may be joined by one Support Person on their Wheel-Trans ride.

You may be eligible for Wheel-Trans service if your disability prevents you from using the TTC's conventional transit for all or part of their trip.

If you are not yet a Wheel-Trans customer, and you think you may qualify for Wheel-Trans service, you are invited to apply by calling Wheel-Trans Customer Service at 416-393-4111, Monday to Friday from 8 a.m. to 4 p.m.

Existing Wheel-Trans customers can book their rides to and from their vaccine appointments by calling Wheel-Trans Reservations at 416-393-4222, seven days a week from 7 a.m. to 11 p.m. or through the Wheel-Trans Self-Booking Website. Access the website by clicking here: <https://mywheel-trans.ttc.ca/SelfBooking2020/Login?ReturnUrl=%2fSelfBooking2020>.

### **Upcoming Events:**

## **March of Dimes**

### **Caregiver Connection Group**

Caregiver Conversation Series

Date: Thursdays at 2:00pm (ongoing)

To register:

<https://www.eventbrite.ca/e/march-of-dimes-canada-caregiver-conversation-series-tickets-142228614615?aff=ebdsoporgprofile>

### **Caregiver Webinar**

What to do when you need funding for Assistive Devices and how March of Dimes Canada can help

Date: Monday, July 26<sup>th</sup> at 2:00 pm.

To register:

<https://www.eventbrite.ca/e/funding-for-assistive-devices-how-march-of-dimes-canada-can-help-registration-160967248373?aff=ebdsoporgprofile>

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If you or someone you know uses Augmentative and Alternative Communication (AAC), and requires resources related to COVID-19, please contact Sarah (sarah.nydp@gmail.com) and she can assist you in accessing and/or creating various communication tools.

If you think you may be experiencing symptoms of COVID-19, take the self-assessment at [www.ontario.ca/coronavirus](http://www.ontario.ca/coronavirus). Follow all directions from your medical provider or your local health unit at the following phone numbers:

Telehealth Ontario: 1-866-797-0000  
Toronto Public Health: 416-338-7600  
Peel Public Health: 905-799-7700  
Durham Region Health Department: 905-668-7711  
York Region Public Health: 1-877-464-9675

Please refer back to previous updates as lots of important information has been provided that may still be relevant. If you have any questions or require more information on how you can protect yourself and those around you from the COVID-19 virus, please contact our Outreach Communication Facilitator Sarah, at 416-222-4448 or [sarah.nydp@gmail.com](mailto:sarah.nydp@gmail.com).