

Coronavirus: COVID-19
Current Update – July 9 2021

As of July 9th, 2021, Canada has a total of 1,419,388 confirmed cases of COVID-19. Ontario has 546,804 cases and Toronto has 170,086 cases.

Ontario moving to Step 3 of economic reopening plan five days ahead of schedule, sources confirm

Ontario will be moving to Step 3 of its economic reopening plan on July 16, nearly five days ahead of schedule. Ontario was originally scheduled to move to Step 3 on July 21.

As of July 16, retailers will be able to host as many customers they can while adhering to a physical distance of two metres.

The same capacity restrictions apply to indoor dining for restaurants and indoor religious services or ceremonies.

Food and drink establishments with dance floors will resume operations with capacity limited to the number of people that can maintain physical distance, with a maximum capacity of 50 per cent indoors and 50 per cent outdoors.

Movie theatres, museums, amusement parks and indoor fitness facilities will be allowed to reopen at 50% capacity.

Social gatherings and organized public events will be restricted to 25 people indoors and 100 people outdoors.

Source:

1. <https://toronto.ctvnews.ca/ontario-moving-to-step-3-of-economic-reopening-plan-five-days-ahead-of-schedule-sources-confirm-1.5503073>

City of Toronto opening Toronto Congress Centre vaccination clinic to walk-ins

The City of Toronto's vaccination clinic at the Metro Toronto Congress Centre is now open to walk-ins, meaning that you don't need to book an appointment to get your first or second dose of

the Moderna mRNA vaccine. Every day until Sunday, 2,000 doses of vaccine will be available for walk-in clients. Walk-ins will be accepted from noon to 7 p.m. daily.

You can show up for a walk-in if you are 18 years old or older. This clinic is accessible, and there is an ASL interpreter available.

If you're showing up for a walk-in and don't have an appointment, you may be lined up outside the clinic. You're asked to prepare appropriately for a short wait outdoors, which might look like bringing an umbrella or raincoat. Staff will ensure that people stay physically apart in line.

If you don't want to wait, you can still book an appointment at this location! Vaccination appointments at this clinic generally take less than 30 minutes from start to finish with no waiting in line.

To book an appointment, go to toronto.ca/covid-19 and click on the dark blue button that says "Book a Vaccine." You can also book an appointment by calling the provincial vaccine booking line at 1-833-943-3900.

The Toronto Congress Centre vaccination clinic is located at 650 Dixon Rd. in Hall F. There is free parking available at the clinic. Transit users can take the TTC bus routes 52A, 52B, 52D, 352 or 46. For people coming from downtown, TTC bus routes connect at locations including the Weston GO Transit and UP Express station and Lawrence West Station. Maps and information about clinic amenities are available on the City's [COVID-19: How to Get Vaccinated](#) webpage.

Source:

<https://www.toronto.ca/news/city-of-toronto-opening-toronto-congress-centre-vaccination-clinic-to-walk-ins/>

Ontario reports fewer than 200 new COVID-19 cases today, lowest 7-day average since September

Ontario reported 183 new cases of COVID-19 today. The seven-day average is 192, down from 259 last week. This is the lowest seven-day average reported by the province since September 13, 2020, when the average was also 192. The positivity rate is 0.7%.

Of today's new cases, there are 50 new cases in the Region of Waterloo, 24 in Peel Region, 24 in Grey Bruce, 22 in Toronto and 10 in Halton Region. There are 189 COVID-19 patients in hospitals across the province.

There are 174 new cases of the Delta variant, 43 new cases of the Gamma variant, 3 new cases of the Beta variant, and -76 new cases of the Alpha variant. The Ministry of Health hasn't provided a reason for the discrepancy.

The province gave out 224,864 doses of COVID-19 vaccines in the past 24 hours, and more than 6.5 million Ontarians have been fully vaccinated!

Source:

1. <https://toronto.ctvnews.ca/ontario-covid-19-cases-dip-under-200-again-lowest-seven-day-average-since-sept-1.5503002>

Ontario's COVID-19 Vaccine booking portal:

Those eligible for a vaccine can book here: <https://covid-19.ontario.ca/book-vaccine/>.

Or by phone at: 1-833-943-3900.

For general information about vaccines, call: 1-888-999-6488.

In Toronto? Here's a safe transportation option to go to your vaccine appointment:

Wheel-Trans is committed to providing vaccine rides to the elderly and people with disabilities in Toronto. Wheel-Trans is offering individual rides to City-run mass vaccination sites, pharmacies, doctor's offices and clinics that are giving out vaccines. Customers may be joined by one Support Person on their Wheel-Trans ride.

You may be eligible for Wheel-Trans service if your disability prevents you from using the TTC's conventional transit for all or part of their trip.

If you are not yet a Wheel-Trans customer, and you think you may qualify for Wheel-Trans service, you are invited to apply by calling Wheel-Trans Customer Service at 416-393-4111, Monday to Friday from 8 a.m. to 4 p.m.

Existing Wheel-Trans customers can book their rides to and from their vaccine appointments by calling Wheel-Trans Reservations at 416-393-4222, seven days a week from 7 a.m. to 11 p.m. or

through the Wheel-Trans Self-Booking Website. Access the website by clicking here:
<https://mywheel-trans.ttc.ca/SelfBooking2020/Login?ReturnUrl=%2fSelfBooking2020>.

Upcoming Events:

March of Dimes

Three-Part Series with Caroline Tapp-McDougall

Session 2: Daily Triumphs

Date: Monday, July 12th at 2:00 pm.

To register:

<https://www.eventbrite.ca/e/daily-triumphs-registration-159717857411?aff=ebdsoporgprofile>

Session 3: Slow Caregiving

Date: Monday, July 19th at 2:00 pm.

To register:

<https://www.eventbrite.ca/e/slow-caregiving-registration-159718312773?aff=ebdsoporgprofile>

Caregiver Connection Group

Caregiver Conversation Series

Date: Thursdays at 2:00pm (ongoing)

To register:

<https://www.eventbrite.ca/e/march-of-dimes-canada-caregiver-conversation-series-tickets-142228614615?aff=ebdsoporgprofile>

Caregiver Webinar

What to do when you need funding for Assistive Devices and how March of Dimes Canada can help

Date: Monday, July 26th at 2:00 pm.

To register:

<https://www.eventbrite.ca/e/funding-for-assistive-devices-how-march-of-dimes-canada-can-help-registration-160967248373?aff=ebdsoporgprofile>

If you or someone you know uses Augmentative and Alternative Communication (AAC), and requires resources related to COVID-19, please contact Sarah (sarah.nydp@gmail.com) and she can assist you in accessing and/or creating various communication tools.

If you think you may be experiencing symptoms of COVID-19, take the self-assessment at www.ontario.ca/coronavirus. Follow all directions from your medical provider or your local health unit at the following phone numbers:

Telehealth Ontario: 1-866-797-0000

Toronto Public Health: 416-338-7600

Peel Public Health: 905-799-7700
Durham Region Health Department: 905-668-7711
York Region Public Health: 1-877-464-9675

Please refer back to previous updates as lots of important information has been provided that may still be relevant. If you have any questions or require more information on how you can protect yourself and those around you from the COVID-19 virus, please contact our Outreach Communication Facilitator Sarah, at 416-222-4448 or sarah.nydp@gmail.com.