

Coronavirus: COVID-19
Current Update – June 10 2021

As of June 10th, 2021, Canada has a total of 1,397,835 confirmed cases of COVID-19. Ontario has 538,077 cases and Toronto has 168,401 cases.

Ontario reports more than 500 new COVID-19 cases

The province is reporting 590 new cases today after two days of fewer than 500 new cases. On Tuesday, there were 469 new cases, and yesterday there were only 411. Today is the 11th day in a row where the case count has been below 1,000.

Of these new cases, there are 130 in Peel Region, 114 in Toronto, 61 in Waterloo, 38 in Hamilton, and 32 in York Region. The seven-day average of new cases is at 618, down from 940 one week ago. Also, the positivity rate is still 2%, down from 3.6% on Monday.

There are currently 516 people in hospital due to the disease, and at least 450 of them are in an Intensive Care Unit.

In the past 24 hours, there have been 1,509 more cases of the B.1.1.7. variant (first identified in the U.K.) and 25 more cases of the P.1. variant (first identified in Brazil).

More than 10.6 million people have received at least one dose of a COVID-19 vaccine, and over 1.3 million people have received both doses.

Source:

1. <https://toronto.ctvnews.ca/ontario-records-over-500-new-covid-19-cases-slight-increase-over-last-two-days-1.5464377>

Update on the Delta variant from Peel Region's Medical Officer of Health

Currently, the provincial government is not publicly releasing how many cases there are of the B.1.167 variant, also known as the Delta variant, which was first discovered in India. However, on Wednesday, Peel Region's Medical Officer of Health Dr. Lawrence Loh gave an update on it at a briefing at Brampton city hall.

The number of people in hospital with COVID-19 has been steadily decreasing, which signifies that partial vaccination is effective against the province's dominant variant, B.1.1.7, also known as the Alpha variant, which was first discovered in the U.K.

At the same time, the Delta variant is spreading quickly in the community, and Peel Region has the highest proportion of this variant compared to all the other health units in the province. About a week ago, Dr. Loh said that "in one month, the Delta variant will be the dominant strain in our region, with the rest of Ontario weeks behind." For evidence, he refers to a preliminary analysis from the Science Table.

It's concerning that the number of Delta variant cases is growing despite the increased percentage of the population being partially vaccinated. Also, health officials have indicated that about 10% of confirmed cases of the Delta variant in Peel have involved people who were partially vaccinated. However, it's unknown if these vaccinated individuals got the virus in the first 14 days after their shot, before their body was able to build a sufficient immune response.

Dr. Loh warned: "On Friday I want to remind our residents that these first steps to reopening are not a full return to normal. We do have high first dose coverage but we have low second dose coverage and the science shows that only 33 to 50% protection is afforded against the Delta variant with one dose. That protection may not be enough to forestall a resurgence if we reopen and re-engage too quickly. You can start to meet with people outside your home but continue to limit your contact and ensure that you're following precautions."

Dr. Loh also said that the Delta variant makes up between 30 to 35% of all new cases in Peel Region, and it is being observed in more and more workplace outbreaks.

"The potential fourth wave is brewing right now and that's why I think you've heard myself and Mayor (Patrick) Brown really pointing to the advice that we've received from the science table to accelerate second doses in communities that are seeing Delta variant activity, such as ours," he said.

Later today, Health Minister Christine Elliott and Solicitor General Sylvia Jones will be providing an update on the COVID-19 vaccination rollout plan with more details on second doses for hot spot areas.

Sources:

1. <https://toronto.ctvnews.ca/potential-fourth-wave-is-brewing-with-spread-of-delta-variant-warns-peel-s-top-doctor-1.5462696>

2. <https://toronto.ctvnews.ca/ontario-records-over-500-new-covid-19-cases-slight-increase-over-last-two-days-1.5464377>

3. <https://www.cbc.ca/news/canada/toronto/delta-variant-peel-second-doses-1.6053547>

4.<https://toronto.ctvnews.ca/ontario-to-provide-details-on-second-doses-for-hot-spots-in-covid-19-vaccine-update-today-sources-1.5464242>

Ontario’s COVID-19 Vaccine booking portal:

Those eligible for a vaccine can book here: <https://covid-19.ontario.ca/book-vaccine/>.

Or by phone at: 1-833-943-3900.

For general information about vaccines, call: 1-888-999-6488.

In Toronto? Here’s a safe transportation option to go to your vaccine appointment:

Wheel-Trans is committed to providing vaccine rides to the elderly and people with disabilities in Toronto. Wheel-Trans is offering individual rides to City-run mass vaccination sites, pharmacies, doctor’s offices and clinics that are giving out vaccines. Customers may be joined by one Support Person on their Wheel-Trans ride.

You may be eligible for Wheel-Trans service if your disability prevents you from using the TTC’s conventional transit for all or part of their trip.

If you are not yet a Wheel-Trans customer, and you think you may qualify for Wheel-Trans service, you are invited to apply by calling Wheel-Trans Customer Service at 416-393-4111, Monday to Friday from 8 a.m. to 4 p.m.

Existing Wheel-Trans customers can book their rides to and from their vaccine appointments by calling Wheel-Trans Reservations at 416-393-4222, seven days a week from 7 a.m. to 11 p.m. or through the Wheel-Trans Self-Booking Website. Access the website by clicking here: <https://mywheel-trans.ttc.ca/SelfBooking2020/Login?ReturnUrl=%2fSelfBooking2020>.

Upcoming Events:

March of Dimes

Caregiver Webinars

Understanding Disability Tax Credits with the Canada Revenue Agency

Date: Monday, June 14th at 2:00 pm.

To register: <https://www.eventbrite.ca/e/understanding-disability-tax-credits-with-the-canada-revenue-agency-registration-154465497461?aff=ebdsoporgprofile>

Scams – Protect Yourself Against Fraud

Date: Monday, June 21st at 2:00 pm.

To register: <https://www.eventbrite.ca/e/cra-scams-protect-yourself-against-fraud-registration-154465022039?aff=ebdsoporgprofile>

Caregiver Connection Group

Caregiver Conversation Series

Date: Thursdays at 2:00pm (ongoing)

To register: <https://www.eventbrite.ca/e/march-of-dimes-canada-caregiver-conversation-series-tickets-142228614615?aff=ebdsoporgprofile>

Better Living Health and Community Services

Wellness Breaks and Lunch n' Learns

The Entering with Dr. Rami Shami

Date: Wednesday, June 16th from 12:00 to 1:00 p.m.

To register: https://zoom.us/meeting/register/tJYrdO6sqD4qH9D0ewmte0ZTEbs_xu1sRPpR

Cooking Demonstration with Alison Burke

Date: Wednesday, June 23rd from 12:00 to 1:00 p.m.

To register: <https://zoom.us/meeting/register/tJUf-qpqDMvHNA921RKT9OK0M2zQmZ1OjBl>

If you or someone you know uses Augmentative and Alternative Communication (AAC), and requires resources related to COVID-19, please contact Sarah (sarah.nydp@gmail.com) and she can assist you in accessing and/or creating various communication tools.

If you think you may be experiencing symptoms of COVID-19, take the self-assessment at www.ontario.ca/coronavirus. Follow all directions from your medical provider or your local health unit at the following phone numbers:

Telehealth Ontario: 1-866-797-0000

Toronto Public Health: 416-338-7600

Peel Public Health: 905-799-7700

Durham Region Health Department: 905-668-7711

York Region Public Health: 1-877-464-9675

Please refer back to previous updates as lots of important information has been provided that may still be relevant. If you have any questions or require more information on how you can protect yourself

and those around you from the COVID-19 virus, please contact our Outreach Communication Facilitator Sarah, at 416-222-4448 or sarah.nydp@gmail.com.