

**Coronavirus: COVID-19**  
**Current Update – June 14 2021**

As of June 14th, 2021, Canada has a total of 1,402,698 confirmed cases of COVID-19. Ontario has 540,130 cases and Toronto has 168,598 cases.

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**Ontario reports fewer than 450 new COVID-19 cases**

The province is reporting 447 new cases today, down from 530 new cases yesterday and 501 new cases the day before. On Friday, there were 574 new cases. Of today's cases, there are 110 in Toronto, 61 in Peel Region, 29 in Durham, 11 in York Region, and 9 in Halton. For both Halton and Peel Region, today is the lowest number of new cases in a 24-hour period since September!

The seven-day average of new cases is 503, down from 735 one week ago. This is the lowest that number has been since September 29. Also, the positivity rate is 2.8%, up from 2.6% on Sunday.

409 people are in an Intensive Care Unit (ICU) due to the virus, down from a peak of 900 last month. At least 20 ICU beds are filled with COVID-19 patients transferred from Manitoba. Previously, public health officials said that the number of COVID-19 patients in intensive care would have to be around 200 before most hospitals are able to return to a more normal capacity.

Of the variants of concern, there are 458 new cases of the B.1.1.7 variant (also known as the U.K. variant or Alpha variant) and two more cases of P.1 variant (first identified in Brazil).

More than 11.3 million doses of a COVID-19 vaccine have been given out so far, and over 1.89 million people have received both doses. In the past 24 hours, the province has given out 135,574 doses.

As of this morning, more Ontario residents are able to reschedule their second dose appointment to be much sooner. This includes 7 hotspots where the Delta variant (first identified in India) is spreading, as well as people who took a first dose of the AstraZeneca vaccine. If you live anywhere in Peel, Toronto, Halton, Porcupine, Waterloo, Wellington-Dufferin-Guelph or York, you are eligible to make an appointment through the provincial booking system, pharmacies, and local public health booking systems.

Sources:

North Yorkers for Disabled Persons, Inc.

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- 1.<https://www.cp24.com/news/case-numbers-are-crumbing-ontario-reports-fewer-than-500-new-cases-of-covid-19-1.5469322>
- 2.<https://toronto.ctvnews.ca/ontario-reports-fewer-than-450-new-covid-19-cases-1.5469289>
- 3.<https://toronto.ctvnews.ca/ontario-will-begin-accelerating-second-covid-19-vaccine-doses-in-7-delta-variant-hot-spots-1.5464242>

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### **More Ontario residents now eligible for earlier second COVID-19 vaccine dose**

If you got the AstraZeneca vaccine as your first dose, you no longer have to wait 12 weeks for your second dose. On Saturday, the provincial government decided to change this rule so that people can choose if they want to receive the second dose sooner. Now you can get your second dose at 8 weeks as long as you give your informed consent.

The government's press release says, "While waiting 12 weeks helps to ultimately provide more protection, some may choose to receive their second dose sooner to have the increased protection provided by a second dose earlier. All of these options provide protection against COVID-19, including the Delta variant, and have been deemed safe."

If you received AstraZeneca as your first dose, you can choose either AstraZeneca, Pfizer, or Moderna for your second dose. If you would like a different vaccine for your second dose, you can book an appointment through the [provincial booking system](#), through public health units that use their own booking system, or a [participating pharmacy](#). If you want to receive a second dose of the AstraZeneca vaccine, you can contact the pharmacy or primary care provider where you received your first dose.

Sources:

- 1.<https://news.ontario.ca/en/release/1000329/ontario-accelerates-second-doses-of-astrazeneca-covid-19-vaccine>
- 2.<https://toronto.ctvnews.ca/ontario-will-begin-accelerating-second-covid-19-vaccine-doses-in-7-delta-variant-hot-spots-1.5464242>

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### **Ontario's COVID-19 Vaccine booking portal:**

Those eligible for a vaccine can book here: <https://covid-19.ontario.ca/book-vaccine/>.

Or by phone at: 1-833-943-3900.

For general information about vaccines, call: 1-888-999-6488.

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**In Toronto? Here's a safe transportation option to go to your vaccine appointment:**

Wheel-Trans is committed to providing vaccine rides to the elderly and people with disabilities in Toronto. Wheel-Trans is offering individual rides to City-run mass vaccination sites, pharmacies, doctor's offices and clinics that are giving out vaccines. Customers may be joined by one Support Person on their Wheel-Trans ride.

You may be eligible for Wheel-Trans service if your disability prevents you from using the TTC's conventional transit for all or part of their trip.

If you are not yet a Wheel-Trans customer, and you think you may qualify for Wheel-Trans service, you are invited to apply by calling Wheel-Trans Customer Service at 416-393-4111, Monday to Friday from 8 a.m. to 4 p.m.

Existing Wheel-Trans customers can book their rides to and from their vaccine appointments by calling Wheel-Trans Reservations at 416-393-4222, seven days a week from 7 a.m. to 11 p.m. or through the Wheel-Trans Self-Booking Website. Access the website by clicking here: <https://mywheel-trans.ttc.ca/SelfBooking2020/Login?ReturnUrl=%2fSelfBooking2020>.

**Upcoming Events:**

**March of Dimes**

**Caregiver Webinar**

Scams – Protect Yourself Against Fraud

Date: Monday, June 21<sup>st</sup> at 2:00 pm.

To register: <https://www.eventbrite.ca/e/cra-scams-protect-yourself-against-fraud-registration-154465022039?aff=ebdsoporgprofile>

**Caregiver Connection Group**

Caregiver Conversation Series

Date: Thursdays at 2:00pm (ongoing)

To register: <https://www.eventbrite.ca/e/march-of-dimes-canada-caregiver-conversation-series-tickets-142228614615?aff=ebdsoporgprofile>

## **Better Living Health and Community Services**

### **Wellness Breaks and Lunch n' Learns**

The Entering with Dr. Rami Shami

Date: Wednesday, June 16<sup>th</sup> from 12:00 to 1:00 p.m.

To register: [https://zoom.us/meeting/register/tJYrdO6sqD4qH9D0ewmte0ZTEbs\\_xu1sRPPpR](https://zoom.us/meeting/register/tJYrdO6sqD4qH9D0ewmte0ZTEbs_xu1sRPPpR)

Cooking Demonstration with Alison Burke

Date: Wednesday, June 23<sup>rd</sup> from 12:00 to 1:00 p.m.

To register: <https://zoom.us/meeting/register/JUuf-qpqDMvHNA921RKT9OK0M2zQmZ1OjBl>

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If you or someone you know uses Augmentative and Alternative Communication (AAC), and requires resources related to COVID-19, please contact Sarah ([sarah.nydp@gmail.com](mailto:sarah.nydp@gmail.com)) and she can assist you in accessing and/or creating various communication tools.

If you think you may be experiencing symptoms of COVID-19, take the self-assessment at [www.ontario.ca/coronavirus](http://www.ontario.ca/coronavirus). Follow all directions from your medical provider or your local health unit at the following phone numbers:

Telehealth Ontario: 1-866-797-0000

Toronto Public Health: 416-338-7600

Peel Public Health: 905-799-7700

Durham Region Health Department: 905-668-7711

York Region Public Health: 1-877-464-9675

Please refer back to previous updates as lots of important information has been provided that may still be relevant. If you have any questions or require more information on how you can protect yourself and those around you from the COVID-19 virus, please contact our Outreach Communication Facilitator Sarah, at 416-222-4448 or [sarah.nydp@gmail.com](mailto:sarah.nydp@gmail.com).