

Coronavirus: COVID-19
Current Update – June 25 2021

As of June 25th, 2021, Canada has a total of 1,411,996 confirmed cases of COVID-19. Ontario has 543,571 cases and Toronto has 169,473 cases.

All adults in Ontario who received a mRNA vaccine will become eligible to book a second shot next week

At 8 a.m. on June 28, all adults who received a first dose of Pfizer or Moderna will be eligible to book their second dose using the provincial system. According to the province, this will impact about 1.5 million people in Ontario.

If you received a first dose of AstraZeneca, you still need to wait eight weeks before getting a second shot of either the same vaccine or a mRNA option.

Also, at 8 a.m. on June 26, the province will allow youth between the ages of 12 and 17 in one of Ontario's 10 Delta variant hot spots to book their second dose. These hot spots include these health units: Durham, Halton, Hamilton, Peel, Porcupine, Simcoe-Muskoka, Toronto, Waterloo, Wellington-Dufferin-Guelph and York.

In the province's original vaccine rollout, people who got their first dose after May 30 weren't going to get their second dose until August.

Sources:

1. <https://toronto.ctvnews.ca/all-adults-in-ontario-who-received-a-mrna-vaccine-will-become-eligible-to-book-a-second-shot-next-week-1.5485416>

Ontario reports fewer than 300 new cases for the fifth day in a row

Ontario has fewer than 300 new cases for the fifth day in a row: 256 new cases today, 296 cases on Thursday, 255 cases on Wednesday, 296 cases on Tuesday, and 270 cases on Monday.

The seven-day average is 292, down from 410 last week, and the positivity rate is 1.3%. Of today's cases, there are 39 in Waterloo, 38 in Peel Region, 36 in Toronto, 18 in Grey Bruce, 17 in Hamilton, and 11 in Porcupine Health Unit.

The Porcupine Health Unit has been in lockdown this whole time, but as of today it'll be entering Step 1 of the reopening plan. The Region of Waterloo will remain in Step 1 of the reopening plan due to the high prevalence of the Delta variant. The rest of the province will be going into Step 2 on June 30.

Across Ontario, there are 284 COVID-19 patients in an Intensive Care Unit (ICU), with 173 people on a ventilator.

There are 110 new cases of the Alpha variant (the B.1.1.7 variant, first identified in the U.K.), 24 new cases of the Delta variant (the B.1.617.2 variant, first identified in India), 5 new cases of the Beta variant (the B.1.351 variant, first identified in South Africa), and no new cases of the Gamma variant (the P.1 variant, first identified in Brazil).

The province gave a record 246,393 doses of COVID-19 vaccines in the past 24 hours, and more than 3.76 million Ontarians have been fully vaccinated!

Source:

1. <https://toronto.ctvnews.ca/covid-19-case-numbers-in-ontario-remain-below-300-for-fifth-straight-day-1.5485393>

Ontario's COVID-19 Vaccine booking portal:

Those eligible for a vaccine can book here: <https://covid-19.ontario.ca/book-vaccine/>.

Or by phone at: 1-833-943-3900.

For general information about vaccines, call: 1-888-999-6488.

In Toronto? Here's a safe transportation option to go to your vaccine appointment:

Wheel-Trans is committed to providing vaccine rides to the elderly and people with disabilities in Toronto. Wheel-Trans is offering individual rides to City-run mass vaccination sites, pharmacies, doctor's offices and clinics that are giving out vaccines. Customers may be joined by one Support Person on their Wheel-Trans ride.

You may be eligible for Wheel-Trans service if your disability prevents you from using the TTC's conventional transit for all or part of their trip.

If you are not yet a Wheel-Trans customer, and you think you may qualify for Wheel-Trans service, you are invited to apply by calling Wheel-Trans Customer Service at 416-393-4111, Monday to Friday from 8 a.m. to 4 p.m.

Existing Wheel-Trans customers can book their rides to and from their vaccine appointments by calling Wheel-Trans Reservations at 416-393-4222, seven days a week from 7 a.m. to 11 p.m. or through the Wheel-Trans Self-Booking Website. Access the website by clicking here:

<https://mywheel-trans.ttc.ca/SelfBooking2020/Login?ReturnUrl=%2fSelfBooking2020>.

Upcoming Events:

March of Dimes

Caregiver Webinar

Getting Real about Self-care

Date: Monday, June 28th at 2:00 pm.

To register:

<https://www.eventbrite.ca/e/getting-real-about-self-care-registration-158772054489?aff=ebdsoporgprofile>

Three-Part Series with Caroline Tapp-McDougall

Session 1: The Family Stretch

Date: Monday, July 5th at 2:00 pm.

To register:

<https://www.eventbrite.ca/e/the-family-stretch-registration-159626903365?aff=ebdsoporgprofile>

Session 2: Daily Triumphs

Date: Monday, July 12th at 2:00 pm.

To register:

<https://www.eventbrite.ca/e/daily-triumphs-registration-159717857411?aff=ebdsoporgprofile>

Session 3: Slow Caregiving

Date: Monday, July 19th at 2:00 pm.

To register:

<https://www.eventbrite.ca/e/slow-caregiving-registration-159718312773?aff=ebdsoporgprofile>

Caregiver Connection Group

Caregiver Conversation Series

Date: Thursdays at 2:00pm (ongoing)

To register:

<https://www.eventbrite.ca/e/march-of-dimes-canada-caregiver-conversation-series-tickets-142228614615?aff=ebdsoporgprofile>

If you or someone you know uses Augmentative and Alternative Communication (AAC), and requires resources related to COVID-19, please contact Sarah (sarah.nydp@gmail.com) and she can assist you in accessing and/or creating various communication tools.

If you think you may be experiencing symptoms of COVID-19, take the self-assessment at www.ontario.ca/coronavirus. Follow all directions from your medical provider or your local health unit at the following phone numbers:

Telehealth Ontario: 1-866-797-0000

Toronto Public Health: 416-338-7600

Peel Public Health: 905-799-7700

Durham Region Health Department: 905-668-7711

York Region Public Health: 1-877-464-9675

Please refer back to previous updates as lots of important information has been provided that may still be relevant. If you have any questions or require more information on how you can protect yourself and those around you from the COVID-19 virus, please contact our Outreach

Communication Facilitator Sarah, at 416-222-4448 or

sarah.nydp@gmail.com.