

Coronavirus: COVID-19
Current Update – March 1, 2021

As of March 1, 2021, Canada has a total of 868, 139 confirmed cases of COVID-19. Ontario itself has 301, 839 cases with Toronto having over 96, 363 cases.

Ontario reports 1, 023 new cases of COVID-19, 6 more deaths

The province logged just over 1, 000 new cases of the virus today, along with six more virus-related deaths. This is the lowest single-day death toll reported since last October. The rolling seven-day average of new deaths now sits at 16, which is down from 24 at this point last week.

The rolling seven-day average of new infections is now at 1, 099, up from 1, 045 one week ago. According to the province, the number of hospitalizations has also increased from last week. There are currently about 659 patients in hospital being treated for the virus, and 280 patients in intensive care.

The number of active cases of COVID-19 in Ontario is now at 10, 570, up from 10, 335 last Monday. Of the new cases reported today, 280 are in Toronto, 182 are in Peel Region, and 72 are in Ottawa.

New restrictions have been imposed in 2 Ontario regions, including Thunder Bay and Simcoe-Muskoka public health units. The province activated its “emergency brake” last week to both regions, placing them into the grey, or “lockdown” category of the colour-coded reopening framework. This has forced restaurants, gyms, hair salons, and other non-essential businesses to close to in-person service.

The rise in cases in both regions has been attributed to the circulation of more transmissible COVID-19 variants. The Simcoe-Muskoka District Health Unit is reporting a total of nearly 200 confirmed cases of the B.1.1.7 variant, which was first detected in the U.K. This accounts for more than a third of all confirmed cases involving a variant of concern in Ontario.

Source: <https://www.cp24.com/news/ontario-reports-1-023-new-cases-of-covid-19-6-more-deaths-1.5328531>

Starting today, Hamilton will begin vaccinating residents 85+, York Region will allow residents 80+ to book appointment

The two local public health units announced these updates to their immunization plans at the end of last week, and both have begun today. In a news release, Hamilton Public Health said that they will begin vaccinating those turning 85 years of age by the end of the year or older starting March 1st at the St. Joseph's Healthcare Hamilton West 5th COVID-19 Vaccine Clinic. Anyone in the age category can register for an appointment by calling the public health unit's COVID-19 hotline at (905) 974-9848 and choosing option 7.

In York Region, residents aged 80 and older will be able to book an appointment for their first dose of the vaccine. This can be done on the York Region website, by clicking [here](#).

Source: <https://www.cp24.com/starting-monday-hamilton-will-begin-vaccinating-residents-85-and-york-region-will-allow-residents-80-to-book-appointment-1.5325868>

UPCOMING EVENTS:

Caregiver Webinars

A Three-Part Series for Caregivers: Caring for self while caring for others

Session #4: Wills and Powers of Attorney in Ontario

Date: Monday, March 1, at 1:00 p.m.

To register: <https://www.eventbrite.ca/e/wills-and-powers-of-attorney-in-ontario-march-1-registration-136855768287>

Better Living Health and Community Services

Series of Wellness Breaks

Music and Movement with Cari Shim

Date: Thursday, March 4th, at 3:00pm

To register: <https://zoom.us/meeting/register/tJcldumvrDoqG9UvtxdRoBMGMLjXFehn8sAT>

Chair Yoga with Trisha Lanns

Date: Tuesday, March 9th, at 10:45am

To register: <https://zoom.us/meeting/register/tJMrcOytpz4iGt0giM3Faea036plwv2x9NSJ>

Reconnecting the mind and body with Ashely Dipchan

Date: Thursday, March 11th at 3:00pm

To register: <https://zoom.us/meeting/register/tJctfu2qpz8uH9FbqlvNGHv5N8ukz8fRsi15>

If you or someone you know uses Augmentative and Alternative Communication (AAC), and requires resources related to COVID-19, please contact Sarah (sarah.nydp@gmail.com) and she can assist you in accessing and/or creating various communication tools.

If you think you may be experiencing symptoms of COVID-19, take the self-assessment at www.ontario.ca/coronavirus. Follow all directions from your medical provider or your local health unit at the following phone numbers:

Telehealth Ontario: 1-866-797-0000

Toronto Public Health: 416-338-7600

Peel Public Health: 905-799-7700

Durham Region Health Department: 905-668-7711

York Region Public Health: 1-877-464-9675

Please refer back to previous updates as lots of important information has been provided that may still be relevant. If you have any questions or require more information on how you can protect yourself and those around you from the COVID-19 virus, please contact our Outreach Communication

Facilitator Sarah, at 416-222-4448 or

sarah.nydp@gmail.com