

**Coronavirus: COVID-19**  
**Current Update – March 10, 2021**

As of March 10, 2021, Canada has a total of 895, 698 confirmed cases of COVID-19. Ontario itself has 312, 428 cases with Toronto having 100, 463 cases.

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**Ontario reports 1, 316 new COVID-19 cases, 16 more deaths**

The province is reporting over 1, 300 new cases of the virus today, along with 16 additional deaths. Locally, Toronto reported 428 new COVID-19 cases, Peel reported 244, York Region reported 149, and 48 were reported in both Durham and Halton regions.

Ontario labs processed 54, 419 tests in the past 24 hours, and this rise in testing contributed to a drop in the province's positivity rate to 2.5 percent. The seven-day rolling average now stands at 1,238, a notable rise from 1,084 one week ago.

Provincial health officials are reporting 13 new cases of the highly-contagious B.1.1.7 variant of concern. To date, there have been 921 cases confirmed of the variant in Ontario through genomic sequencing.

As of Tuesday evening, the province has administered 978, 800 doses of a COVID-19 vaccine to Ontarians. More than 279, 200 people have now been fully vaccinated.

Source: <https://www.cp24.com/news/ontario-reports-1-316-new-covid-19-infections-16-more-deaths-1.5341200>

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**Province releases list of pharmacies that will administer the vaccine in Ontario**

Ontario has announced that several pharmacy chains will be participating in the rollout of the Oxford-AstraZeneca vaccine in three regions of Ontario this week. This list includes; Shoppers Drug Mart, Rexall, Loblaws and Costco.

A new pilot program will see 325 pharmacies in the regions of Toronto, Windsor-Essex, and Kingston, Frontenac, Lennox & Addington offer COVID-19 vaccination appointments to people ages 60-64. Premier Doug Ford has said that some of these pharmacies have already started administering the vaccine as of this morning.

There has been a delivery of 194, 000 AstraZeneca vaccines to the province, and they are set to expire on April 2<sup>nd</sup>. This pilot program is meant to ensure that these vaccine doses are delivered as quickly and efficiently as possible, and that they are not wasted.

People between the ages of 60 and 64 are not currently being prioritized for the vaccine, however the AstraZeneca doses are being made available to people in that age category based on the advice of the National Advisory Committee on Immunization. The Committee has said that the AstraZeneca vaccine is not recommended for people ages 65 and older due to “limited information the efficacy of this vaccine in this age group.”

Source: <https://www.cp24.com/news/province-releases-list-of-pharmacies-that-will-administer-astrazeneca-covid-19-vaccine-in-ontario-1.5341095>

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## **UPCOMING EVENTS:**

### **March of Dimes**

#### **Caregiver Webinars**

Caregiver Connection Group – Caregiver conversation series – 10 weeks

Date: starting Thursday, March 4<sup>th</sup>, at 2:00pm

To register for any or all sessions: <https://www.eventbrite.ca/e/march-of-dimes-canada-caregiver-conversation-series-tickets-142228614615?aff=ebsoporgprofile>

### **Better Living Health and Community Services**

#### **Series of Wellness Breaks**

Reconnecting the mind and body with Ashely Dipchan

Date: Thursday, March 11<sup>th</sup> at 3:00pm

To register: <https://zoom.us/join/joinMeeting/register/tJctfu2qpz8uH9FbqlvNGHv5N8ukz8fRsi15>

Sound and Movement with Sarah Feiner

Date: Tuesday, March 16<sup>th</sup> from 10:45 to 11:05am

To register: <https://zoom.us/join/joinMeeting/register/tJMrdO6tqDsvH9ybOodgq3LyqV8joRPFtYPo>

Mindfulness and Meditation with Jasmine Mendez

Date: Thursday, March 18<sup>th</sup> from 3:00 to 3:20pm

To register: <https://zoom.us/join/joinMeeting/register/tJApduuuqTosH9C3kAmSyMayqb-h--eSowRG>

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If you or someone you know uses Augmentative and Alternative Communication (AAC), and requires resources related to COVID-19, please contact Sarah ([sarah.nydp@gmail.com](mailto:sarah.nydp@gmail.com)) and she can assist you in accessing and/or creating various communication tools.

If you think you may be experiencing symptoms of COVID-19, take the self-assessment at [www.ontario.ca/coronavirus](http://www.ontario.ca/coronavirus). Follow all directions from your medical provider or your local health unit at the following phone numbers:

Telehealth Ontario: 1-866-797-0000

Toronto Public Health: 416-338-7600

Peel Public Health: 905-799-7700

Durham Region Health Department: 905-668-7711

York Region Public Health: 1-877-464-9675

Please refer back to previous updates as lots of important information has been provided that may still be relevant. If you have any questions or require more information on how you can protect yourself and those around you from the COVID-19 virus, please contact our Outreach Communication

Facilitator Sarah, at 416-222-4448 or

[sarah.nydp@gmail.com](mailto:sarah.nydp@gmail.com)