

Coronavirus: COVID-19
Current Update – March 11, 2021

As of March 11, 2021, Canada has a total of 898, 569 confirmed cases of COVID-19. Ontario itself has 313, 520 cases with Toronto having 100, 897 cases.

Ontario reports 1, 092 new cases of COVID-19

The province is reporting close to 1, 100 new cases of COVID-19 today, along with 10 additional deaths. The rolling seven-day average of new infections in Ontario has climbed to 1, 251, up from 1,064 last Thursday. The average daily death toll is 12, down from 15 this time last week.

There were over 60,500 test processed in the last 24 hours, which generated a provincial positivity rate of 2.4 percent. Health officials say that there are currently 680 people with COVID-19 who are receiving treatment in hospital, and 277 of them are currently in intensive care. There are currently 11,283 active cases of the virus in the province, which is up by nearly 1,000 from last week.

There were 35 more cases of the B.1.1.7 variant confirmed today through genome sequencing, which brings the total number of cases in the province to 956. Thousands of additional cases have screened positive for a variant of concern (VOC) but full genome sequencing has not been processed.

Ontario announced today that it has now administered one million COVID-19 vaccine doses. The province is now preparing for Phase 2 of its vaccination plan, where an estimated nine million Ontarians will receive their first shot between April and July.

Source: <https://www.cp24.com/news/ontario-reports-1-092-new-cases-of-covid-19-as-province-hits-vaccination-milestone-1.5342983>

Eligibility for COVID-19 vaccines at Ontario Pharmacies

The provincial government said yesterday that those born between 1957 and 1961 would be eligible for the AstraZeneca COVID-19 vaccine being distributed at select pharmacies. This vaccine is only being given to those who are between the ages of 60 and 64, as there is limited data about its efficacy in older people.

Booking methods vary by pharmacy, and there are currently 325 pharmacies in Ontario that are providing the vaccine. Some take online appointments, whereas others take appointments by phone and others are taking walk-ins.

A booking system for mass vaccination sites is expected to go live in Toronto on Friday, which will allow those who are 80 and over to book an appointment at three city locations which are set to open next week. This booking system will fully launch on Monday, and a call centre will also allow seniors to book appointments by phone.

Source: <https://www.cp24.com/news/here-s-who-is-eligible-for-a-covid-19-vaccine-shot-at-ontario-pharmacies-1.5343052>

UPCOMING EVENTS:

March of Dimes

Caregiver Webinars

Caregiver Connection Group – Caregiver conversation series – 10 weeks

Date: starting Thursday, March 4th, at 2:00pm

To register for any or all sessions: <https://www.eventbrite.ca/e/march-of-dimes-canada-caregiver-conversation-series-tickets-142228614615?aff=ebsoporgprofile>

Better Living Health and Community Services

Series of Wellness Breaks

Reconnecting the mind and body with Ashely Dipchan

Date: Thursday, March 11th at 3:00pm

To register: <https://zoom.us/meeting/register/tJctfu2qpz8uH9FbqlvNGHv5N8ukz8fRsi15>

Sound and Movement with Sarah Feiner

Date: Tuesday, March 16th from 10:45 to 11:05am

To register: <https://zoom.us/meeting/register/tJMrdO6tqDsvH9ybOodgq3LyqV8joRPFtYPo>

Mindfulness and Meditation with Jasmine Mendez

Date: Thursday, March 18th from 3:00 to 3:20pm

To register: <https://zoom.us/meeting/register/tJApduuqTosH9C3kAmSyMayqb-h--eSowRG>

If you or someone you know uses Augmentative and Alternative Communication (AAC), and requires resources related to COVID-19, please contact Sarah (sarah.nydp@gmail.com) and she can assist you in accessing and/or creating various communication tools.

If you think you may be experiencing symptoms of COVID-19, take the self-assessment at www.ontario.ca/coronavirus. Follow all directions from your medical provider or your local health unit at the following phone numbers:

Telehealth Ontario: 1-866-797-0000

Toronto Public Health: 416-338-7600

Peel Public Health: 905-799-7700

Durham Region Health Department: 905-668-7711

York Region Public Health: 1-877-464-9675

Please refer back to previous updates as lots of important information has been provided that may still be relevant. If you have any questions or require more information on how you can protect yourself and those around you from the COVID-19 virus, please contact our Outreach Communication

Facilitator Sarah, at 416-222-4448 or

sarah.nydp@gmail.com