

**Coronavirus: COVID-19**  
**Current Update – March 12, 2021**

As of March 12, 2021, Canada has a total of 901, 882 confirmed cases of COVID-19. Ontario itself has 314, 891 cases with Toronto having 101, 242 cases.

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**Ontario reports 1, 371 new cases of COVID-19 and 18 new deaths**

The province has reported close to 1,400 new cases of the virus today, along with 18 new deaths. Locally, there were 371 new cases reported in Toronto, 225 in Peel Region, 111 in York Region and 109 in Hamilton. Of the 18 deaths reported today, none of them involved residents of Long-Term Care.

The number of active cases has reached its highest point in over three weeks, and now stands at more than 11, 500. Provincial labs processed more than 64, 000 samples in the past 24 hours, which generated a positivity rate of at least 2.4 percent. Another 36, 744 samples remain under investigation.

Modelling data released yesterday predicted that the province will see between 1,650 and 8,000 cases per day by the start of April, depending heavily on variants of concern, especially the more dominant B.1.1.7 strain. These numbers will also depend greatly on adherence to public health measures and public mobility.

Yesterday, the scientific director of Ontario's COVID-19 Science Table said that the spread of the B.1.1.7 variant in the province may mean that a third lockdown is likely to happen.

Source: <https://www.cp24.com/news/ontario-reports-1-371-new-cases-of-covid-19-and-18-deaths-1.5344615>

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**Toronto residents 80+ can start booking COVID-19 vaccination appointments online today**

Residents of Toronto aged 80 and older are now able to book a COVID-19 vaccination appointment at a city-run mass immunization clinic as of today. This applies for Torontonians who were born in 1941 or earlier, as well as those who turn 80 this year.

Appointments begin on March 17 through to April 11 at three mass immunization clinics across the city: The Metro Convention Centre, Scarborough Town Centre and the Toronto Congress Centre. An additional three sites will also open in Toronto in the coming weeks.

The province-wide portal is set to launch on Monday for seniors to book vaccination appointments in all the regions.

Source: <https://www.cp24.com/news/toronto-residents-80-can-start-booking-covid-19-vaccination-appointments-online-today-1.5344483>

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## **UPCOMING EVENTS:**

### **March of Dimes**

#### **Caregiver Webinars**

Caregiver Connection Group – Caregiver conversation series – 10 weeks

Date: starting Thursday, March 4<sup>th</sup>, at 2:00pm

To register for any or all sessions: <https://www.eventbrite.ca/e/march-of-dimes-canada-caregiver-conversation-series-tickets-142228614615?aff=ebdsoporgprofile>

### **Better Living Health and Community Services**

#### **Series of Wellness Breaks**

Sound and Movement with Sarah Feiner

Date: Tuesday, March 16<sup>th</sup> from 10:45 to 11:05am

To register: <https://zoom.us/meeting/register/tJMrdO6tqDsvH9ybOodgq3LyqV8joRPFtYPo>

Mindfulness and Meditation with Jasmine Mendez

Date: Thursday, March 18<sup>th</sup> from 3:00 to 3:20pm

To register: <https://zoom.us/meeting/register/tJApduuuqTosH9C3kAmSyMayqb-h--eSowRG>

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If you or someone you know uses Augmentative and Alternative Communication (AAC), and requires resources related to COVID-19, please contact Sarah (sarah.nydp@gmail.com) and she can assist you in accessing and/or creating various communication tools.

If you think you may be experiencing symptoms of COVID-19, take the self-assessment at [www.ontario.ca/coronavirus](http://www.ontario.ca/coronavirus). Follow all directions from your medical provider or your local health unit at the following phone numbers:

Telehealth Ontario: 1-866-797-0000

Toronto Public Health: 416-338-7600

Peel Public Health: 905-799-7700

Durham Region Health Department: 905-668-7711  
York Region Public Health: 1-877-464-9675

Please refer back to previous updates as lots of important information has been provided that may still be relevant. If you have any questions or require more information on how you can protect yourself and those around you from the COVID-19 virus, please contact our Outreach Communication Facilitator Sarah, at 416-222-4448 or [sarah.nydp@gmail.com](mailto:sarah.nydp@gmail.com)