

Coronavirus: COVID-19
Current Update – May 28 2021

As of May 28th, 2021, Canada has a total of 1,372,766 confirmed cases of COVID-19. Ontario has 528,453 cases and Toronto has 166,020 cases.

Ontario shortens gap between COVID-19 vaccine doses with majority of residents fully vaccinated by end of summer

Earlier today, Ontario officials announced that they will be shortening the wait time in between vaccines! Most people are currently waiting about 4 months in between each dose, with some exceptions, such as high-risk health-care workers and people with specific health conditions.

The province will use a “first-in, first out” method for second doses. Ontario Premier Doug Ford explained: “That means we will expand second doses based on the day you received your first.”

The province released a timeline for when each age group will become eligible for their second dose. People who are 80 years old and over can book their second dose as soon as next week! Those who are 70 to 79 years old can book their second dose to be sometime between June 14th and July 12th. People who are between the ages of 12 and 25 can book their second dose to be at the beginning of August so that they can be fully vaccinated before returning to school in September.

Remember that the date that you will get your second dose within the given time frames depends on the date that you received your first dose. For example, people who received their first dose between March 8th and April 18th can book their second dose to be sometime between June 28th and July 19th. Within that time frame, people who got vaccinated in early March will get their second dose before people who got vaccinated in mid-April.

Keep this in mind as you read the following dates:

- If you received your first dose between March 8th and April 18th, you can book your second dose to be sometime between June 28th and July 19th.
- If you received your first dose of the AstraZeneca vaccine between March 10 and 19th, you can book your second dose during the week of May 24th.
- If you received your first dose of the AstraZeneca vaccine on or after March 21st, you can book your second dose to be during the week of May 31st.
- If you received your first dose between April 19th and May 9th, you can book your second dose to be sometime between July 19th and August 9th.
- If you received your first dose between May 10th and May 30th, you can book your second dose to be sometime between August 2nd and August 23rd.
- If you will get your first dose on or after May 31st, you can book your second dose to be sometime between August 9th and August 30th.

Officials are encouraging people to book their second appointment using the same channel as the first. Residents can also keep their original appointment date if they want. At the moment, the plan is for everyone to receive the same type of COVID-19 vaccine as their first dose.

People who received a first dose of AstraZeneca could receive a second dose of a different vaccine if required, officials said. Officials also warned that the province is still waiting for more guidance on mixing vaccines.

Depending on supply and appointment availability, the government says that the time in between two doses could be as short as 28 days—although this will only be possible for those getting their first dose later in the summer.

“Of course this depends on the vaccine supply and the availability of appointments in your region. So while not everyone will be able to get their second dose shot four weeks after their first, we want to ensure you’re fully immunized as soon as possible,” said Ford.

More than 8.6 million doses of vaccine have been administered in Ontario as of May 28. Just over 624,000 people have received both doses and are considered fully vaccinated.

Source:

<https://toronto.ctvnews.ca/ontario-shortens-gap-between-covid-19-vaccine-doses-with-majority-of-residents-fully-vaccinated-by-end-of-summer-1.5446393>

Ontario reports fewer than 1,300 new COVID-19 cases for fourth day in a row

The province is reporting 1,273 new COVID-19 cases today. This is a slight increase from the 1,039 cases reported on Tuesday, the 1,095 cases reported on Wednesday and the 1,135 cases reported on Thursday.

Toronto reported 269 new cases, Peel Region reported 268 new cases, Ottawa reported 101 new cases, Hamilton reported 78 new cases, Durham reported 72 new cases, and York reported 56 new cases.

There are currently 1,023 people in hospital due to the disease. At least 645 of these patients are in an Intensive Care Unit and 458 are breathing with the help of a ventilator.

The provincial seven-day rolling average of new cases is now 1,353, down from 2,064 at this point last week. In the past 24 hours, 14 people have died due to COVID-19.

In the province, there are a total of: 123,186 confirmed cases of the B.1.1.7 variant, 914 cases of the B.1.351 variant and 2,616 cases of the P.1. variant.

Ontario does not currently report how many cases of the B.1.617 variant, originally found in India, are found in the province. However, officials recently stated that Ontario's count of known examples of the B.1.617 coronavirus variant grew nearly six times in the span of a week in May. Public Health Ontario said the number of known positive cases of the B.1.617 variant grew from 45 to 260 from May 12 to May 19, and is almost certainly higher today.

The province also reported that officials administered 159,775 doses of a COVID-19 vaccine in the last 24 hours. More than 8.6 million people have received at least one dose of a vaccine, and 624,920 people have received both doses and are considered fully vaccinated.

Source:

1. <https://toronto.ctvnews.ca/ontario-reports-fewer-than-1-300-new-covid-19-cases-for-fourth-straight-day-1.5446561>

Ontario's COVID-19 Vaccine booking portal:

North Yorkers for Disabled Persons, Inc.

Updated May 28, 2021

Those eligible for a vaccine can book here: <https://covid-19.ontario.ca/book-vaccine/>.

Or by phone at: 1-833-943-3900.

For general information about vaccines, call: 1-888-999-6488.

In Toronto? Here's a safe transportation option to go to your vaccine appointment:

Wheel-Trans is committed to providing vaccine rides to the elderly and people with disabilities in Toronto. Wheel-Trans is offering individual rides to City-run mass vaccination sites, pharmacies, doctor's offices and clinics that are giving out vaccines. Customers may be joined by one Support Person on their Wheel-Trans ride.

You may be eligible for Wheel-Trans service if your disability prevents you from using the TTC's conventional transit for all or part of their trip.

If you are not yet a Wheel-Trans customer, and you think you may qualify for Wheel-Trans service, you are invited to apply by calling Wheel-Trans Customer Service at 416-393-4111, Monday to Friday from 8 a.m. to 4 p.m.

Existing Wheel-Trans customers can book their rides to and from their vaccine appointments by calling Wheel-Trans Reservations at 416-393-4222, seven days a week from 7 a.m. to 11 p.m. or through the Wheel-Trans Self-Booking Website. Access the website by clicking here: <https://mywheel-trans.ttc.ca/SelfBooking2020/Login?ReturnUrl=%2fSelfBooking2020>.

Upcoming Events:

March of Dimes

Caregiver Webinars

Stress Management for Caregivers

Date: Monday, May 31st at 2:00pm

To register: <https://www.eventbrite.ca/e/stress-management-for-caregivers-registration-151071788787>

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Caregiver Connection Group

Caregiver Conversation Series

Date: Thursdays at 2:00pm (ongoing)

To register: <https://www.eventbrite.ca/e/march-of-dimes-canada-caregiver-conversation-series->

North Yorkers for Disabled Persons, Inc.

Updated May 28, 2021

tickets-142228614615?aff=ebdsoporgprofile

Better Living Health and Community Services

Wellness Breaks and Lunch n' Learns

Psychological First Aid Tools for Covid-19 with Dr. Marcia Kostenuik

Date: Wednesday, June 2nd from 12:00 to 1:30 p.m. (90 minutes)

To register: <https://zoom.us/meeting/register/tJMsdOCgrT4uEtDe7amonbEVP7LETfOcY5gd>

Mindful Eating Dr. Louise LeBlanc

Date: Wednesday, June 9th from 12:00 to 1:00 p.m.

To register: https://zoom.us/meeting/register/tJ0qceuvpzMqHtVce2_BULkEJ0l4K--dQnnC

The Entering with Dr. Rami Shami

Date: Wednesday, June 16th from 12:00 to 1:00 p.m.

To register: https://zoom.us/meeting/register/tJYrdO6sqD4qH9D0ewmte0ZTEbs_xu1sRPPpR

Cooking Demonstration with Alison Burke

Date: Wednesday, June 23rd from 12:00 to 1:00 p.m.

To register: <https://zoom.us/meeting/register/tJUf-qpqDMvHNA921RKT9OK0M2zQmZ1OjBl>

If you or someone you know uses Augmentative and Alternative Communication (AAC), and requires resources related to COVID-19, please contact Sarah (sarah.nydp@gmail.com) and she can assist you in accessing and/or creating various communication tools.

If you think you may be experiencing symptoms of COVID-19, take the self-assessment at www.ontario.ca/coronavirus. Follow all directions from your medical provider or your local health unit at the following phone numbers:

Telehealth Ontario: 1-866-797-0000

Toronto Public Health: 416-338-7600

Peel Public Health: 905-799-7700

Durham Region Health Department: 905-668-7711

York Region Public Health: 1-877-464-9675

Please refer back to previous updates as lots of important information has been provided that may still be relevant. If you have any questions or require more information on how you can protect yourself and those around you from the COVID-19 virus, please contact our Outreach

Communication Facilitator Sarah, at 416-222-4448 or

sarah.nydp@gmail.com.