

Coronavirus: COVID-19
Current Update – November 16, 2020

As of November 16th, 2020, Canada has a total of 296, 077 confirmed cases of COVID-19. Ontario has 94, 009 cases with Toronto having 34, 608 cases.

Sources:

<https://www.ctvnews.ca/health/coronavirus/tracking-every-case-of-covid-19-in-canada-1.4852102>

<https://www.toronto.ca/home/covid-19/covid-19-latest-city-of-toronto-news/covid-19-status-of-cases-in-toronto/>

Ontario reports more than 1,400 new COVID-19 cases

Today is the 11th day in a row where the province's number of new COVID-19 cases is above 1, 000. Today, the province reported 1, 487 new infections. On Sunday, Ontario's daily case count dipped to 1, 248 infections after a record high was reached on Saturday (1, 581). Before that, the province saw 1, 575 new cases on Thursday and 1, 396 new cases on Friday.

Taking this into account, within the past 7 days, Ontario's average number of new cases per day has risen to 1, 443. This time last week, 1, 105 was the average number of cases per day based on the past seven days.

Health officials say that the province's positivity rate is at 4.1%. In the last 24 hours, officials across Ontario processed 33, 351 tests, bringing the total number of completed tests to 5.6 million. There are currently more than 16, 000 tests under investigation.

Most of these new cases were reported in Toronto (407), Peel Region (392), and York Region (170). Other public health units that reported more than 10 cases of COVID 19 include Ottawa (51), Durham Region (45), Simcoe-Muskoka (35), Windsor (14), Hamilton (35), Niagara Region (19), Halton Region (46), Region of Waterloo (67) and Wellington-Dufferin-Guelph (14).

Today is the first day that "red" zone restrictions are in effect in Hamilton, Halton Region, and York Region. Yesterday, Toronto Mayor John Tory said that officials are considering further restrictions to reduce the spread of COVID-19 in the city.

Although 40 hospitals did not submit their data over the weekend, the province estimates there are at least 500 patients in an Ontario hospital for COVID-19. At least 125 of these patients are in an Intensive Care Unit, and 70 of them are breathing with the assistance of a ventilator. The province previously stated that other non-COVID-19 care and scheduled surgeries could be impacted once there are more than 150 COVID-19 patients in the ICU.

Including deaths and recoveries, Ontario has seen 95,496 cases of the virus. As of today, Ontario has seen 10 more deaths due to the virus and 992 more resolved cases. On Sunday, 29 people died due to COVID-19, which is the highest number of deaths in a single day since mid-June.

In terms of age demographics, people between the ages of 20 and 60 represent 974 of Ontario's 1,487 new cases. Meanwhile, people under the age of 20 represent 213 new cases, and people over the age of 60 represent 302 new cases.

Source: <https://toronto.ctvnews.ca/ontario-reports-more-than-1-400-new-covid-19-cases-1.5190628>

Additional restrictions possible in Toronto as COVID-19 cases surge: Tory

On Saturday, Toronto represented 456 of the province's 1,581 new cases. On the same day, the city moved from a modified stage 2 to the province's new "red" category and closed indoor dining, fitness classes, movie theaters, and casinos.

Yesterday, Toronto Mayor John Tory announced that the municipal government is in the process of coming up with additional restrictions on the public's movement and activity. Through discussions with the provincial government as well as leaders of other cities in the Greater Toronto Area, Tory is considering other measures that the city could adopt. The intent is to address the growing number of new cases without a full lockdown.

While these restrictions haven't been confirmed yet, one hypothetical possibility that Tory mentioned was limiting the number of people allowed in stores at the same time. In this scenario, every store would be responsible for setting their own maximum occupancy number as well as enforcing it.

He also mentioned that Toronto is preparing to limit the number of people allowed on outdoor skating rinks in the same way that outdoor swimming pools were regulated over the summer. This includes time limits on how long you can be there to skate.

On Friday, Ontario Premier Doug Ford said that no option was off the table, including some form of lockdown like what happened in March and April.

Source: <https://www.cp24.com/news/additional-restrictions-possible-in-toronto-as-covid-19-cases-surge-tory-1.5189716>

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UPCOMING EVENTS:

March of Dimes

Free Online Webinars for Caregivers

- Mental Health: Impacts At Home and Work
 - Date: Thursday, Nov. 19th, Time: 2:00 PM
- Understanding Disability Tax Credits with the Canada Revenue Agency
 - Date: Wednesday, Nov. 25th, Time: 2:00 PM
- The Importance of Sleep
 - Date: Wednesday, Dec. 2nd, Time: 2:00 PM

Registration for all events can be done here: <https://www.eventbrite.ca/o/march-of-dimes-canada-27715764721>

Harmony Place

Online Music Therapy Sessions

Date: Wednesdays and Fridays, starting Friday August 7th, and Wednesday August 19th 2020
Time: 2:30 – 3:30pm

Zoom link:

<https://us02web.zoom.us/j/82054622001?pwd=Z2xyZjFZQUpNRFB6YzAwU085N3pGUT09>

Meeting ID: 820 5462 2001

Passcode: 051424

For more information, contact Wanda by email at: wanda@harmonyplace.on.ca

If you or someone you know uses Augmentative and Alternative Communication (AAC), and requires resources related to COVID-19, please contact Sarah (sarah.nydp@gmail.com) and she can assist you in accessing and/or creating various communication tools.

If you think you may be experiencing symptoms of COVID-19, take the self-assessment at www.ontario.ca/coronavirus. Follow all directions from your medical provider or your local health unit at the following phone numbers:

Telehealth Ontario: 1-866-797-0000

Toronto Public Health: 416-338-7600

Peel Public Health: 905-799-7700

Durham Region Health Department: 905-668-7711

York Region Public Health: 1-877-464-9675

Please refer back to previous updates as lots of important information has been provided that may still be relevant. If you have any questions or require more information on how you can protect yourself and those around you from the COVID-19 virus, please contact our Outreach Communication Facilitator Sarah, at 416-222-4448 or sarah.nydp@gmail.com