Coronavirus: COVID-19

Current Update – September 14, 2020

As of September 14th, 2020, Canada has a total of 136, 659 confirmed cases of COVID-19. Ontario itself has 44, 504 cases with Toronto having 16, 609 cases.

Ontario reports 313 new COVID-19 cases today, highest daily count since June 5

Ontario health officials confirmed 313 new COVID-19 cases on Monday, which is the highest count of infections in one day since June 5th. Health Minister Christine Elliot said that nearly 80 percent of today's cases are from Toronto, Ottawa, and Peel Region. Toronto reported 112 new cases, Peel Region reported 71, and Ottawa reported 60. About two thirds of the cases reported were in people under the age of 40.

Dr. Isaac Bogoch, an infectious disease expert, says that there is great risk posed by wider infection, even if it is among young people. He says, "We know people in their 20s just in general don't get as sick as people in their 60s and 70s, but people in their 20s can still have a serious outcome from this infection, it's just not as common." He added that young people can easily spread the virus to older or more vulnerable populations in their homes and workplaces.

There are currently 2, 027 active cases of COVID-19 in the province, which has increased significantly in the past several weeks. Today's almost 30, 000 test results collected generated a positivity rate of 1.06 percent. This is the first time since June that it has crossed this threshold.

Source: https://www.cp24.com/news/ontario-reports-313-new-covid-19-cases-highest-daily-count-since-june-5-1.5103747

Two more positive cases of COVID-19 at GTA schools as classes resume

As of today, the province of Ontario has reported that there have been a total of 13 positive COVID-19 cases in public schools so far. The province has not updated its database since Friday, and numbers are expected to increase. Six of the cases reported were in Ottawa, where classes resumed last week. There were also five additional cases combined in the Halton and Peel school boards on Friday.

There are several school boards where classes are just beginning this week, including the TDSB. Some elementary students will be returning to the classroom on Tuesday as part of a staggered return, and secondary students will not begin returning until Thursday. For a full guide to how each Toronto-

area school board will reopen classrooms, click on this link: https://www.cp24.com/news/a-guide-to-how-each-toronto-area-school-board-will-reopen-classrooms-1.5074782

Source: https://www.cp24.com/news/two-more-positive-cases-of-covid-19-at-gta-schools-as-classes-resume-for-more-students-1.5103722

UPCOMING EVENTS:

Vibrant Healthcare

Virtual Health and Wellness Series

When: Tuesdays and Thursdays, 1-2pm

- Techniques to Manage your Stress, Tuesday, September 15th
- Sing Along, Thursday, September 17th
- How to Stay Healthy During Flu Season, Tuesday, September 22nd
- Importance of Cardiopulmonary Fitness, Thursday, September 24th

To register, email at: jennifert@virbanthealthcare.ca

March of Dimes

The Caregiver Experience, Online Events

- Caregiver Organization Overview
  - Date: Wednesday, September 16th, Time: 2 – 3:30pm
- Understanding Caregiver Benefits with The Canada Revenue Agency
  - Date: Wednesday, September 23rd, Time: 2 – 3:30pm
- A Healthy Bite of Exercise and Nutrition with Urban Poling Inc!
  - Date: Thursday, September 24th, Time: 2 – 3:30pm
- "It takes a village." Building a Care Management Team with TYZE
  - Date: Wednesday, September 30th, Time: 2 – 3:30pm

Registration can be done here: https://www.eventbrite.ca/o/march-of-dimes-canada-27715764721

Harmony Place

Online Music Therapy Sessions

Date: Wednesdays and Fridays, starting Friday August 7th, and Wednesday August 19th, 2020
Time: 2:30 – 3:30pm
Zoom link:
https://us02web.zoom.us/j/82054622001?pwd=Z2xyZjFZQUpNRFB6YzAwU085N3pGUT09
Meeting ID: 820 5462 2001

Passcode: 051424
For more information, contact Wanda by email at: wanda@harmonyplace.on.ca

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If you or someone you know uses Augmentative and Alternative Communication (AAC), and requires resources related to COVID-19, please contact Sarah (sarah.nydp@gmail.com) and she can assist you in accessing and/or creating various communication tools.

If you think you may be experiencing symptoms of COVID-19, take the self-assessment at www.ontario.ca/coronavirus. Follow all directions from your medical provider or your local health unit at the following phone numbers:
Telehealth Ontario: 1-866-797-0000
Toronto Public Health: 416-338-7600
Peel Public Health: 905-799-7700
Durham Region Health Department: 905-668-7711
York Region Public Health: 1-877-464-9675

Please refer back to previous updates as lots of important information has been provided that may still be relevant. If you have any questions or require more information on how you can protect yourself and those around you from the COVID-19 virus, please contact our Outreach Communication Facilitator Sarah, at 416-222-4448 or
sarah.nydp@gmail.com