

Coronavirus: COVID-19
Current Update – September 3, 2020

As of September 3rd, 2020, Canada has a total of 129, 923 confirmed cases of COVID-19. Ontario itself has 42, 554 cases with Toronto having 16, 127 cases.

Don't 'burst' your social bubble to socialize over the long-weekend, Toronto's top doctor warns

Toronto's Medical Officer of Health, Dr Eileen de Villa, warned Torontonians that the choices they make during the Labour Day weekend have the potential to "affect all of us in the weeks and months ahead." She also pointed out that she has heard of many people going against Public Health guidelines to prevent the spread of COVID-19, and 'bursting' their social bubbles. She noted that this past week, the city identified a number of new COVID-19 infections resulting from people socializing indoors, without masks, and in close proximity to one another.

Dr. Eileen de Villa also expressed concern over the recent increase in COVID-19 cases in Toronto. She says; "It isn't a matter of if we will see more COVID-19 activity in our city, it is a matter of when. I'm concerned because this is now what we are starting to see. We need to be careful and vigilant in our actions to keep each other safe as we return to school, our workplaces, and spend more time inside as cooler weather arrives."

Source: <https://www.cp24.com/news/don-t-expand-social-bubbles-to-socialize-over-the-long-weekend-toronto-s-top-doctor-cautions-1.5089871>

Nearly one-third of Toronto elementary students to learn from home: TDSB

Ontario's largest school board says nearly one-third of elementary school students and 22 percent of high school students will learn from home in the upcoming school year during the COVID-19 pandemic. This data was collected as part of a registration survey that drew response from 89 percent of parents or guardians. From the survey, it's been identified that about 70 percent of elementary-age students will be attending their school in-person.

The TDSB had said that it needed a clearer picture of how many students will return to in-person learning to better prepare for the start of the school year. The board is set to begin school on Sept. 15th, with a three-day staggered start for elementary students.

Source: <https://toronto.citynews.ca/2020/09/03/tdsb-elementary-students-home-learning/>

UPCOMING EVENTS:

Vibrant Healthcare

Virtual Health and Wellness Series

When: Tuesdays and Thursdays, 1-2pm

- COVID-19: Protect Yourself and Others, Thursday, September 3rd
- Guided Meditation, Tuesday, September 8th
- Stay Connected with Vibrant: Program and Services, Thursday, September 10th

To register, email at: jennifert@virbanthealthcare.ca

March of Dimes

The Caregiver Experience, Online Events

- Caregiver Organization Overview
 - Date: Wednesday, September 16th, Time: 2 – 3:30pm
- Understanding Caregiver Benefits with The Canada Revenue Agency
 - Date: Wednesday, September 23rd, Time: 2 – 3:30pm
- A Healthy Bite of Exercise and Nutrition with Urban Poling Inc!
 - Date: Thursday, September 24th, Time: 2 – 3:30pm
- “It takes a village.” Building a Care Management Team with TYZE
 - Date: Wednesday, September 30th, Time: 2 – 3:30pm

Registration can be done here: <https://www.eventbrite.ca/o/march-of-dimes-canada-27715764721>

Harmony Place

Online Music Therapy Sessions

Date: Wednesdays and Fridays, starting Friday August 7th, and Wednesday August 19th, 2020

Time: 2:30 – 3:30pm

Zoom link:

<https://us02web.zoom.us/j/82054622001?pwd=Z2xyZjFZQUpNRFB6YzAwU085N3pGUT09>

Meeting ID: 820 5462 2001

Passcode: 051424

For more information, contact Wanda by email at: wanda@harmonyplace.on.ca

Ontario Federation for Cerebral Palsy (OFCP)

Nicholas Milojevic Walk 'N' Roll-a-thon

Where: Virtual meet-up event

Date: Saturday, September 12, 2020

Time: 10:00am

Purchase tickets or make a donation at: <https://www.canadahelps.org/en/charities/ontario-federation-for-cerebral-palsy/events/nicholas-milojevic-walk-n-roll-a-thon-2/>

If you or someone you know uses Augmentative and Alternative Communication (AAC), and requires resources related to COVID-19, please contact Sarah (sarah.nydp@gmail.com) and she can assist you in accessing and/or creating various communication tools.

If you think you may be experiencing symptoms of COVID-19, take the self-assessment at www.ontario.ca/coronavirus. Follow all directions from your medical provider or your local health unit at the following phone numbers:

Telehealth Ontario: 1-866-797-0000

Toronto Public Health: 416-338-7600

Peel Public Health: 905-799-7700

Durham Region Health Department: 905-668-7711

York Region Public Health: 1-877-464-9675

Please refer back to previous updates as lots of important information has been provided that may still be relevant. If you have any questions or require more information on how you can protect yourself and those around you from the COVID-19 virus, please contact our Outreach Communication

Facilitator Sarah, at 416-222-4448 or

sarah.nydp@gmail.com