

Coronavirus: COVID-19
Current Update – September 8, 2020

As of September 8th, 2020, Canada has a total of 132, 432 confirmed cases of COVID-19. Ontario itself has 43, 161 cases with Toronto having 16, 361 cases.

Dr. Teresa Tam urges caution to Canadians as daily cases of COVID-19 rise 25 percent in last week

Canada's chief public health doctor, Dr. Teresa Tam, says a slow but steady increase in the number of people testing positive for COVID-19 is a cause for concern. Over the last week, the average daily number of people testing positive for the virus in Canada is 545. This is a 25 percent increase over the previous week which saw a daily average of 435, and 390 the week before that.

Dr. Teresa Tam says that most Canadians are following public health advice which has allowed Canada to keep the COVID-19 pandemic "under manageable control." However, she says that the recent increase in case numbers is concerning, and should be a reminder to all Canadians that we need to maintain public health measures to prevent the spread of COVID-19. She also says that Canadians will need to be even more vigilant about public health measures as we enter the colder weather, which will shift activities indoors.

As of today, 132, 432 people have tested positive for COVID-19 in Canada, and 9, 145 people have died. Almost 9 in 10 people diagnosed with COVID-19 have recovered.

Source: <https://www.ctvnews.ca/health/coronavirus/tam-urges-caution-as-daily-cases-of-covid-19-rise-25-per-cent-in-last-week-1.5095268>

What to know about COVID-19 safety in schools

Many students in Ontario are returning back to school in person today, and CTV News has outlined the COVID-19 safety measures that parents should ask about and be aware of for this back-to-school season. These safety measures depend on the preparations of each individual school, however, they are all recommended to help prevent the spread of the virus.

Disinfection of high-touch areas in schools, such as doorknobs, handles and railings should be done at least twice per day. This is important as many hands will be using them, and the virus can easily spread from a person's hand when they touch their face. It will also be significant for hand sanitizing to be encouraged to students regularly, especially to young ones.

How much ventilation a classroom has is another significant element to consider. The physical school building itself could have quite an impact on how easily the virus spreads, and this includes the number of windows in a classroom, having a proper HVAC system, and making sure that the filters are getting changed often.

Many parents are also questioning what will happen if there is an outbreak at their child's school. Public health officials will be working with schools, and most schools are also going to have notification systems in place. Therefore, a parent can expect to hear from either the school board or from Public Health if their child is at risk.

It will be important in the coming weeks to keep up with the changing landscape, as more and more students return to school in-person. Continue to look for information coming from your schoolboard, your local public health unit, and the government of Ontario to follow any recommendations or changes being made that pertain to your school.

Source: <https://www.ctvnews.ca/health/coronavirus/is-your-child-going-back-to-school-here-s-what-to-ask-about-covid-19-safety-1.5095500>

UPCOMING EVENTS:

Vibrant Healthcare

Virtual Health and Wellness Series

When: Tuesdays and Thursdays, 1-2pm

- Guided Meditation, Tuesday, September 8th
- Stay Connected with Vibrant: Program and Services, Thursday, September 10th
- Techniques to Manage your Stress, Tuesday, September 15th
- Sing Along, Thursday, September 17th

To register, email at: jennifert@virbanthealthcare.ca

March of Dimes

The Caregiver Experience, Online Events

- Caregiver Organization Overview
 - Date: Wednesday, September 16th, Time: 2 – 3:30pm
- Understanding Caregiver Benefits with The Canada Revenue Agency

- Date: Wednesday, September 23rd, Time: 2 – 3:30pm
- A Healthy Bite of Exercise and Nutrition with Urban Poling Inc!
 - Date: Thursday, September 24th, Time: 2 – 3:30pm
- “It takes a village.” Building a Care Management Team with TYZE
 - Date: Wednesday, September 30th, Time: 2 – 3:30pm

Registration can be done here: <https://www.eventbrite.ca/o/march-of-dimes-canada-27715764721>

Harmony Place

Online Music Therapy Sessions

Date: Wednesdays and Fridays, starting Friday August 7th, and Wednesday August 19th, 2020

Time: 2:30 – 3:30pm

Zoom link:

<https://us02web.zoom.us/j/82054622001?pwd=Z2xyZjFZQUpNRFB6YzAwU085N3pGUT09>

Meeting ID: 820 5462 2001

Passcode: 051424

For more information, contact Wanda by email at: wanda@harmonyplace.on.ca

Ontario Federation for Cerebral Palsy (OFCP)

Nicholas Milojevic Walk ‘N’ Roll-a-thon

Where: Virtual meet-up event

Date: Saturday, September 12, 2020

Time: 10:00am

Purchase tickets or make a donation at: <https://www.canadahelps.org/en/charities/ontario-federation-for-cerebral-palsy/events/nicholas-milojevic-walk-n-roll-a-thon-2/>

If you or someone you know uses Augmentative and Alternative Communication (AAC), and requires resources related to COVID-19, please contact Sarah (sarah.nydp@gmail.com) and she can assist you in accessing and/or creating various communication tools.

If you think you may be experiencing symptoms of COVID-19, take the self-assessment at www.ontario.ca/coronavirus. Follow all directions from your medical provider or your local health unit at the following phone numbers:

Telehealth Ontario: 1-866-797-0000

Toronto Public Health: 416-338-7600

Peel Public Health: 905-799-7700

Durham Region Health Department: 905-668-7711

York Region Public Health: 1-877-464-9675

Please refer back to previous updates as lots of important information has been provided that may still be relevant. If you have any questions or require more information on how you can protect yourself and those around you from the COVID-19 virus, please contact our Outreach Communication Facilitator Sarah, at 416-222-4448 or sarah.nydp@gmail.com